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PRESIDENTS WELCOME

On behalf of myself and the Management Committee of Blacktown Little Athletics Centre (BLAC), I would like to welcome all new athletes and their families as well as those returning to our centre for the 2019/2020 season.

We hope that you and your children find the sport of Little Athletics and being a member of our Centre a fun and enjoyable experience.

Please take the time to read this handbook and all the other information sheets you received at registration. There is a wealth of information about the sport and our centre. There have been a number of changes to the handbook from previous seasons, which provide valuable information on the running of the centre and event changes for this coming season. I'm confident that many of your questions will be answered within.

The most important piece of information I can give you is this -

Little athletics is meant to be fun, healthy and a sport enjoyed by the entire family. Please come forward, get involved and help out when asked. In this way you are supporting your children. And anyway – why should they have all the fun?

As one of the originating Little Athletics Centre's in NSW, BLAC continues to be one of the largest centre's within the Zone. We have been providing Little Athletics within Blacktown for over 40 years. You will find that we have a very professional and dedicated Management Committee, an excellent team of Age Managers and other officials here at BLAC, who all work very hard to ensure the centre runs as smoothly as possible. **The dedication and efficiency of the volunteers has been recognized with Blacktown receiving a volunteer administration award from the Association for the past 10 years.**

However, we also need and rely on parental help with many of the events and activities and I ask you to do your part and help us help your children enjoy their athletics experience.

Remember – if you do not understand why something is being done or not being done – please **ASK** either myself, a committee member or an Age Manager. We will be only too happy to explain so that you understand and therefore feel more comfortable about what is or is not going on.

A number of the athletes will go on to compete at many of the various championship carnivals and others will be content with taking part each week in the centre competition. In either case, good luck. Remember, the important thing is that you enjoy the sport wherever and whenever you take part.

So, again – welcome. I hope you find the experience rewarding and that you continue to come along year after year like so many of our athletes and families.

David Mitchell

(PRESIDENT)

CENTRE MANAGEMENT COMMITTEE MEMBERS

PRESIDENT	David Mitchell	0400 651 550
SECRETARY	Belinda Richardson	0402 030 485
TREASURER	Steve Matley	0419 203 174
REGISTRAR	Mark Richardson	0417 298 017
RECORDS & RESULTS	Melissa Savage	9671-6591
CHAMPIONSHIPS	Tamara Savage	9671-6591
	Hannah Mitchell	0424 482 286
OFFICIALS	Phill Blunt	0404 119 952
CANTEEN /ASSISTANT AWARDS	Kate Mitchell	0407 404 936
AWARDS	Belinda Richardson	0402 030 485
UNIFORM	Hannah Mitchell	0424 482 286
ANNUAL REPORT/HANDBOOK		
COORDINATOR	Tori Mitchell	0449 658 206
COUNCIL LIASON	David Mitchell	0400 651 550
WEBMASTER	Murray Gaudin	0412 446 251
EQUIPMENT		

ASSISTANTS

GENERAL	Nadia Saraceno	0412 965 017
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ZONE COORDINATOR Hale Osman

BLACKTOWN LITTLE ATHLETICS CENTRE LIFE MEMBERS

Name	Year awarded	Name	Year awarded
Mr. Tony Jones	1976	Mr. Graeme McDonald	1996
Mrs. Joan Pretsel	1976 +	Mrs. Susan Stafa	1996
Mr. George Boyd	1976 +	Mrs. Lorraine Fineberg	2006
Mrs. Margaret Honey	1980	Mr. Phillip Blunt	2009
Mr. Reg Cox	1980	Mr. Robert Hogg	2010 +
Mrs. Lorna Magee	1981 ^	Mrs. Belinda Richardson (nee Forrest)	2013
Mr. Les Magee	1984 +	Mr. Stephen Matley	2015
Mrs. Gloria Foley	1985	Mr. David Mitchell	2017
Mrs. Kathie Collins	1988	Mrs. Kathryn Mitchell	2017
Mrs. Deanna Rahill	1992	Mrs Vicki Tuckerman	2019
Mr. Bill Boyle	1992		
Mr. Dereck Fineberg	1992 ^		
Mr. Grahame Palmer	1993 +		
Mr. Tony Beacroft	1995		

+ Deceased ^ Association Life Members

ADDRESS

7 Forman Avenue Glenwood NSW 2768

ABN NUMBER

37 779 172 353

ASSOCIATION CONTACT DETAILS

Little Athletics Association New South Wales
Australian Little Athletics

www.lansw.com.au
www.littleathletics.com.au

9633-4511

DATES TO BE REMEMBERED 2019 – 2020 SEASON

Event date	Entries close		Event	Venue
13-Sep-19			Season commences - 6.20pm (Introduction night)	Cornucopia
20-Sep-19			Friday Night Competition	Cornucopia
27-Sep-19			Friday Night Competition	Cornucopia
4-Oct-19			Friday Night Competition	Cornucopia
11-Oct-19			Friday Night Competition	Cornucopia
18-Oct-19			Friday Night Competition	Cornucopia
25-Oct-19			Friday Night Competition	Cornucopia
1-Nov-19			Friday Night Competition	Cornucopia
8-Nov-19			Friday Night Competition	Cornucopia
15-Nov-19			Friday Night Competition	Cornucopia
22-Nov-19			Friday Night Competition	Cornucopia
16-Nov-19	TBA		State Relays	SOPAC
17-Nov-19			(entry via Age Manager nomination - U8 to U17)	
29-Nov-19			Friday Night Competition	Cornucopia
6-Dec-19	10-Nov-19	{	Zone Championships	BISP
7-Dec-19		{	(entry via nominations to Championships Officer)	
8-Dec-19		{	U7 to U17	
13-Dec-19			Final Competition Night Before Christmas Break	Cornucopia

Cornucopia - Cornucopia Reserve Glenwood (Home Ground)
 (BISP) – Blacktown International Sports Park
 (SOPAC) – Sydney Olympic Park Athletics Centre Homebush

NOTE: This timetable is subject to alteration

Event date	Entries close	Event	Venue
Jan-2020		Trans Tasman Challenge (Nominations to Athletics NSW U11-U12)	Auckland
10-Jan-20		Season resumes after Christmas	Cornucopia
17-Jan-20		Friday Night Competition	Cornucopia
19-Jan-20	12-Jan-20	Australia Day Carnival (all athletes are encouraged to enter - fee applies) (back up date 26 January)	Cornucopia
24-Jan-20		Friday Night Competition	Cornucopia
2-Feb-20	17-Jan-20	Centre Championship (all athletes are encouraged to enter - No fee) (back up date 16th February)	Cornucopia
7-Feb-20		Regional Championships (Based on Results from Zone - U8 to U17)	BISP
8-Feb-20			
9-Feb-20			
16-Feb-20		Friday Night Competition	Cornucopia
21-Feb-20		Friday Night Competition	Cornucopia
28-Feb-20		Friday Night Competition	Cornucopia
29-Feb-20	TBA	State Combined Events (online entry for under 7 to 17 age groups - fee applies)	Tamworth
1-Mar-20			
6-Mar-20		Friday Night Competition	Cornucopia
13-Mar-20		Final Night of Competition	Cornucopia
14-Mar-20		State Championships (based on results from Region - U9 to U17)	SOPAC Homebush
15-Mar-20			
April		Australian Little Athletics Championships (state team from under 13 and 15 age groups)	TBA
12-Jul-05			TBA
1-May-19		AGM & Presentation	Bowman Hall Blacktown
Jul-2020	TBA	State Cross Country Championships (online entry for under 7 to 17 age groups - fee applies)	TBA
Jul-2019	TBA	State Walks Championships (online entry for under 9 to 17 age groups - fee applies)	TBA

**BLACKTOWN LITTLE ATHLETICS
EVENTS FOR THE 2019-2020 SEASON**

Event	Girls Boys	T/T	6	7	8	9	10	11	12	13	14	15	17
50m		X	X	X									
70m		X	X	X	X	X	X						
100m			X	X	X	X	X	X	X	X	X	X	X
200m			X	X	X	X	X	X	X	X	X	X	X
400m					X	X	X	X	X	X	X	X	X
Pack			300m	500m	700m								
800m						X	X	X	X	X	X	X	X
1500m								X	X	X	X	X	X
3000m										X	X	X	X
Walk						700m	1100m	1100m	1500m	1500m	1500m	1500m	1500m
Straight T. Hurdles	Girls Boys				60m 60m	60m 60m	60m 60m	80m 80m	80m 80m	80m 80m	80m 90m	90m 100m	110m 110m
Circular T. Hurdles										X	X	X	X
Long Jump		X	X	X	X	X	X	X	X	X	X	X	X
High Jump						X	X	X	X	X	X	X	X
Triple Jump								X	X	X	X	X	X
Shot Put	Girls Boys	Refer Note	Refer Note	1kg 1kg	1.5kg 1.5kg	2kg 2kg	2kg 2kg	2kg 2kg	2kg 2kg	3kg 3kg	3kg 3kg	3kg 4kg	3kg 5kg
Discus	Girls Boys		Refer Note	350g 350g	500g 500g	500g 500g	500g 500g	500g 500g	750g 750g	750g 750g	1kg 1kg	1kg 1kg	1kg 1.5kg
Javelin	Girls Boys							400g 400g	400g 400g	400g 600g	400g 600g	500g 700g	500g 700g

- Notes:**
- ◆ The T/T age group will participate in play training activities.
 - ◆ The Under 6 age group will also participate in shuttle relays and will begin to learn the shot and discus throwing events.
 - ◆ Pack means pack start in event for that age group only.
 - ◆ Discus – all 750g, 1kg & 1.5kg will be plastic/metal discus.

LONG JUMP

- ˆ U/6 to U/7 0.5 x 1.0 metre box with front line 50cm from edge of the pit.
- ˆ U/8 to U/10 0.5 x 1.0 metre box with front line 1 metre from edge of the pit
- ˆ U/11 to U/17 0.02 x 1.22 metre take-off board

TRIPLE JUMP

- ˆ U/11 to U/12 0.5 x 1.0 metre box at 5m, 7m, 9m back from the pit.
- ˆ U/13 to U/17 20cm take-off board at 5m, 7m, 9m, 11m back from the pit.

HIGH JUMP – starting heights

Age Group	Centre		Zone		Region		State	
	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys
U9	0.75	0.80	0.80	0.85	0.85	0.90	0.90	0.95
U10	0.85	0.90	0.90	0.95	0.95	1.00	1.00	1.05
U11	0.90	0.95	1.00	1.05	1.05	1.10	1.10	1.15
U12	1.00	1.05	1.10	1.15	1.15	1.20	1.20	1.25
U13	1.05	1.10	1.15	1.20	1.20	1.25	1.25	1.30
U14, U15	1.10	1.15	1.20	1.25	1.25	1.30	1.30	1.35
U17								

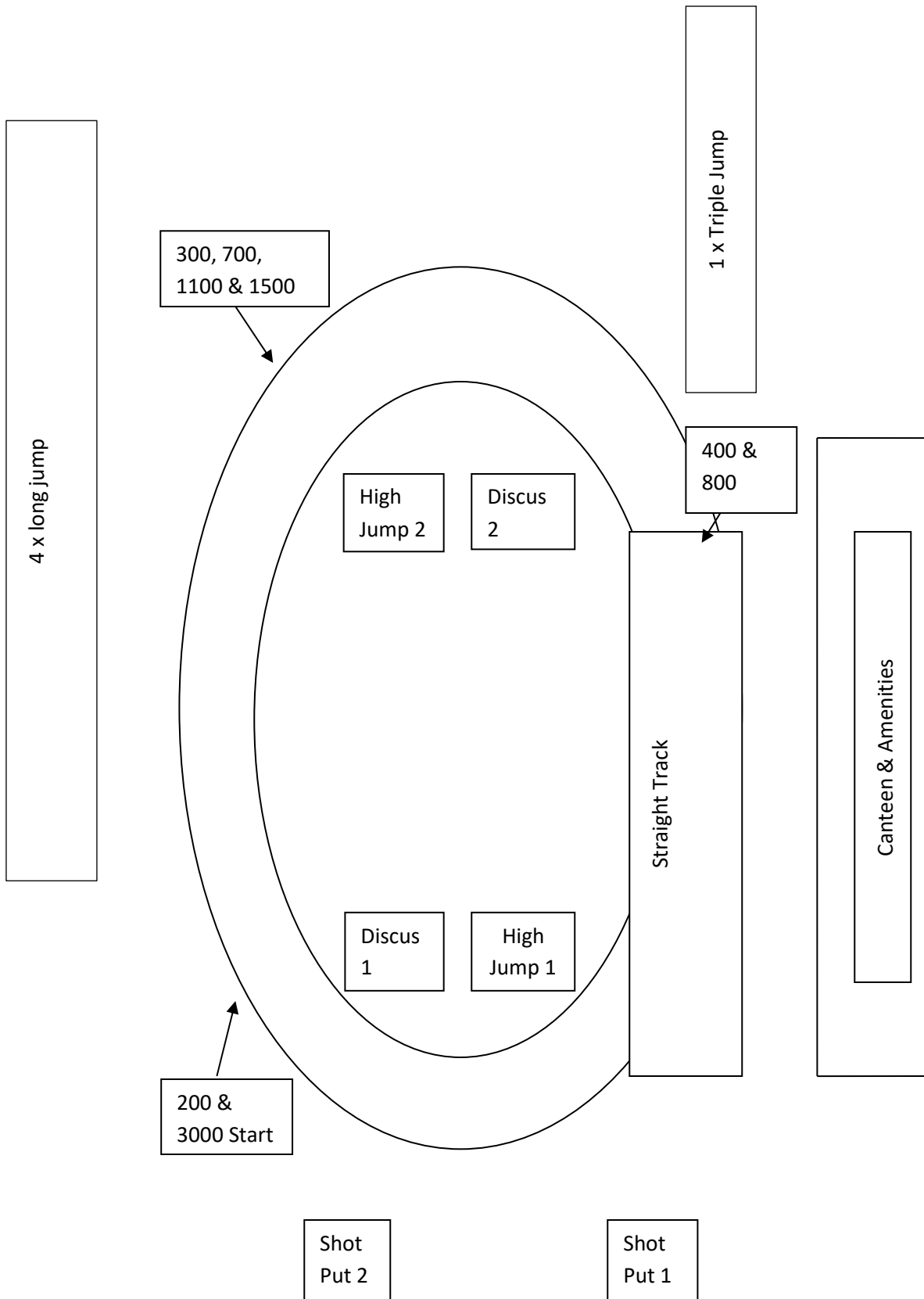
U9 & U10 - Scissor technique is the only technique allowed and the scissor mats are the only mats allowed to be used.
U17 – High Jump starting heights TBA.

Hurdle Specifications

Age group	Distance	Run in	Separation	Run out	Flights	Height
Under 8 Boy	60 metre	12 metre	7 metre	13 metre	6	45 cm.
Under 8 Girl	60 metre	12 metre	7 metre	13 metre	6	45 cm.
Under 9 Boy	60 metre	12 metre	7 metre	13 metre	6	45 cm.
Under 9 Girl	60 metre	12 metre	7 metre	13 metre	6	45 cm.
Under 10 Boy	60 metre	12 metre	7 metre	13 metre	6	60 cm.
Under 10 Girl	60 metre	12 metre	7 metre	13 metre	6	60 cm.
Under 11 Boy	80 metre	12 metre	7 metre	12 metre	9	60 cm.
Under 11 Girl	80 metre	12 metre	7 metre	12 metre	9	60 cm.
Under 12 Boy	80 metre	12 metre	7 metre	12 metre	9	68 cm.
Under 12 Girl	80 metre	12 metre	7 metre	12 metre	9	68 cm.
Under 13 Boy	80 metre	12 metre	7 metre	12 metre	9	76 cm.
Under 13 Girl	80 metre	12 metre	7 metre	12 metre	9	76 cm.
Under 14 Girl	80 metre	12 metre	7 metre	12 metre	9	76 cm.
Under 14 Boy	90 metre	13 metre	8 metre	13 metre	9	76 cm.
Under 15 Girl	90 metre	13 metre	8 metre	13 metre	9	76 cm.
Under 15 Boy	100 metre	13 metre	8.5 metre	10.5 metre	10	76 cm.
Under 17 Girl	100 metre	13 metre	8.5 metre	10.5 metre	10	76 cm.
Under 17 Boy	110 metre	13.72 metre	9.14 metre	14.02 metre	10	76 cm.
Under 17 Boy (C)	100 metre	13.72 metre	9.14 metre	13.16 metre	9	76 cm.
Under 13 Boy	200 metre	20 metre	35 metre	40 metre	5	68 cm.
Under 13 Girl	200 metre	20 metre	35 metre	40 metre	5	68 cm.
Under 14 Boy	200 metre	20 metre	35 metre	40 metre	5	76 cm.
Under 14 Girl	200 metre	20 metre	35 metre	40 metre	5	76 cm.
Under 15 Boy	300 metre	50 metre	35 metre	40 metre	7	76 cm.
Under 15 Girl	300 metre	50 metre	35 metre	40 metre	7	76 cm.
Under 17 Boy	300 metre	50 metre	35 metre	40 metre	7	76 cm.
Under 17 Girl	300 metre	50 metre	35 metre	40 metre	7	76 cm.

(C) Alternate hurdle specifications for Centre use only where 110 metre tracks are not possible.

MAP OF GROUNDS



GENERAL INFORMATION

1. HISTORY

The Little Athletic movement commenced in Victoria in 1966 and started up in NSW in 1968. In 1970 The Association was formed to promote the movement and to co-ordinate its activities in this State. Blacktown Centre was formed in 1970. Centres such as Lethbridge Park, Lalor Park (Kings Langley), Seven Hills (Prospect), Doonside, Tallawong Park and Quakers Hill have evolved in the Blacktown area. This year B.L.A.C. will compete in the West Metropolitan Zone with Lethbridge Park, Doonside, Tallawong Park, Mt Druitt, Minchinbury, Prospect, Quakers Hill and The Ponds

2. OBJECTIVE

To bring together children and their parents and provide the children with a variety of athletic events in a happy and not overly competitive environment, with family involvement. A secondary objective is to provide championships at a Centre, Zone, Region, State and National level for children who are interested in participating in these levels of competition and who demonstrate appropriate skills.

Little Athletics Motto – **Family, Fun and Fitness**

3. WEEKLY COMPETITION

Competition is conducted on Friday nights from 6.30pm. The first call will be at 6.20pm. The exception to this is the walk nights which will commence at 6.00pm for those interested athletes. The objective is to complete the program for the younger age groups as early as possible with the Tiny Tots finishing around 7.30pm and the other age groups progressively completing their program of events. The older age groups (under 13 to 17) are likely to finish around 9.30pm . Regardless it is important to understand that the children do not have to do all of the events, although it is encouraged.

The children are given details of their performance. This will act as a record of your child's performance and will give you an opportunity to give encouragement to your child as they progress during the season.

4. CODE OF CONDUCT

Every Society, Organisation, Club, Family and School operates to a set of rules for acceptable behavior. The Blacktown Little Athletics Code of Conduct is designed to help and protect the rights of each athlete and encourage responsibility.

This Code of Conduct applies to both parents and athletes.

We encourage Parents to go through the following points regarding acceptable behavior at Centre competitions and all carnivals conducted by the Little Athletics Association of New South Wales Inc.

- All athletes are to compete in correct centre uniform (including age patch, Sponsors patch and registration number) at Centre competitions and when representing Blacktown at any Little Athletics carnival and or gala day.
- Treat fellow athletes, officials, helpers and those in other age groups with respect and consideration at all times.
- Allow your peers to compete in events without causing distraction.

CODE OF CONDUCT- CONTINUED

- Move between events as a group with your Age Manager and Helpers, which will ensure the safety of all.
- Stay within the area in which your age group is competing. If you need to leave the area please tell your Age Manager.
- Be a good sport and display good sportsmanship.
- Listen to all Officials, Age Managers and Helpers. Respect and value their contributions and opinions in trying to help you.
- Do not misuse any equipment including shot puts, discus, javelins and long jump equipment etc. All equipment is only to be used under adult supervision as its misuse can cause serious injury.
- Fighting, swearing and other inappropriate behavior will not be tolerated and could result in refusal to compete in the next event or remaining events for that competition.
- Consistent breach of the Code of Conduct by any athlete is not acceptable and repeat offenders may not be allowed to compete at future competitions and may also be excluded from end of season awards.

5. KNOW YOUR EVENT

Straight Track

The athlete will wait a metre behind the start line for the starter.

At the Start of each lane race the starter will issue three commands:

On Your Marks: On this command the athletes will move up to a position just behind the starting line. If an athlete is using a crouch start – they will take the position with both hands, one knee and the opposite foot touching the ground.

SET: On this command, the athletes will get ready by either standing or raising into the crouch start position in a steady manner until the gun is heard.

Bang: At the sound of the gun the athletes will run from the starting line to the finish line staying in their lane.

Circular Track

Events conducted on the circular track have two distinctly different starting methods.

- The staggered start is used for 200, 300 hurdles and 400 metre events. Athletes must remain in their own lane for the entire race.
- The pack start is where athletes start along a curve line and gradually cross to the inside lane. Pack start races do not use the “SET” command in the start sequence. Pack Start Distances are: 300m, 500m, 700m, 800m*, 1500m and 3000m.
- For 800m events - If the track is marked with a break out line, the race will use the staggered start method and athletes will merge into line one once they pass the break-out line.

Hurdles

Hurdles are obstacles placed on the track at predetermined intervals and height that competitors must jump over whilst racing towards the finish line. Hurdles are constructed in such a way, that when jumped from the correct direction and knocked down; they will simply collapse and not hurt or interfere with the athlete. Hurdles should never be jumped from the reverse direction as this could result in serious injury.

KNOW YOUR EVENT- CONTINUED

Relays

Relays are events for teams of runners who compete in the same race by passing a baton (smooth rigid hollow tube made in one piece) from runner to runner. The baton is carried in the hand and passed to the next runner in the change zone. If dropped, the athlete who passed it must pick up the baton. The athlete receiving the baton should be running at full speed when the change over occurs.

Shot Put

The Shot Put used by our athletes is a round metal ball, which varies in weight according to the athletes' age. The shot put must be put from the circle and land within the event sector. When the put is completed, the athlete must exit the circle from behind the dividing line.

Discus

The discus is a plate like disc made from rubber or laminated wood. The discus must be thrown from within the circle and land within the event sector. On the completion of the throw, the athlete must exit the circle from behind the dividing line.

High Jump

The athlete's task in this event is to run up from the approach area and jump over a crossbar between two rigid uprights. The crossbar is raised after each round (When all competitors have completed their jump at that height). Competitors remain in the competition until eliminated by missing three consecutive jumps at one height. The Athletes must commence their jump take off, from one foot only.

Long Jump

This event is exactly what the name says – jump "long". It consists of three phases, 1 – the run up, 2 – the take off, and 3 – the landing. The take off must occur at or behind the take-off pad. The important things are speed in the run up and height in the take off. For 12's and under, the distance jumped is measured from the front of the toe in the take off area to the closest indentation made by the athlete on landing. For 13's and up – measurement is from the front of the white board and not the toe.

Triple Jump

Similar to long jump, previously called (hop, step, & jump). The athletes take off leg must be the leg on which they next land. The athlete must use the opposite leg for their final jump into the pit. Athletes can choose to take off from the 5, 7, or 9 metre marks. When available, beginners should always start from the 5-metre mark.

Javelin / Turbo Javelin

The Javelin / Turbo Javelin is thrown from behind a curved line. The aim for the athlete is to land the Javelin / Turbo Javelin point first inside the sector and as far as possible forward.

6. PARENT PARTICIPATION

The activities of Blacktown Little Athletics are operated entirely by the efforts of parents and volunteers. This allows us to keep our registration costs low. It also means that if parents do not help, then the athlete's opportunities to compete will be severely hampered. With this in mind we ask all parents to help out with whatever tasks they are able. We need about 20 parents each week for various duties. For some people this will mean a big effort each week, and for most it will mean sharing a task once in a while, but if everyone helps, the necessary tasks will be completed easily and the athletes will benefit from an uninterrupted program.

There will be qualified officials on hand to help out those people willing to learn the rules. Most jobs do not require special knowledge at all. We invite you all to come along and enjoy the fun out on the field with the children. Every care is taken with your children at all times but please do not drop your child and run. BLAC is NOT A CHILD MINDING CENTRE. Athletics is very much a FAMILY AFFAIR, We need parents, most importantly, the children need their parents to run our Centre, so don't be shy or embarrassed, please come forward and help us. It's much more fun being out there with the kids than sitting on those hard seats in the stand.

Listed below are the main tasks that require parent participation. The list is in no way completed as there are so many tasks it would be impossible to list them all on a single page. Please take a look at the list and see what you think you would be able to do. Then, when the seasons starts (or before) please let the President know that you are available for that task.

Practically all of the tasks can be done entirely on the night, they need no preparation time, and as a result you will not be committing yourself to something that will tie you down during the week. Apart from all the other reasons, you will find that helping with events on the night it is very satisfying, it allows you to enjoy the time with your child and it makes the night go quicker.

For those interested in going that extra step and qualifying as "accredited officials" please see our Officer for Officials, who will make arrangements for you to learn the rules, sit for the exam which will take about one hour. Exams are open-book so you can look up the answer to each question.

Age Managers

Age Managers are required for each age group of athletes. For large groups we split them into boys' and girls' groups. An Age Manager has volunteered to look after and help the Athletes understand, compete and, most importantly, enjoy Little Athletics in all events. For those Age Managers who are just starting out, an instruction booklet is available from the centre to assist you with the tasks.

A Basic Events Course will be provided for Age Managers and anyone else who wants to help. This course gives people an overview of the rules and regulations for all events. This enables parents to correctly instruct their children for each event.

Age Manager Assistants

Up to three parents are required to assist each age manager in the running of the events. For those Helpers who are just starting out, an instruction booklet is available from the centre to assist you with the tasks. A Basic Events Course is also offered to anyone who wants to help.

Starter

On any given night we need at least two starters. It is important that we have a few people trained in this role. Although this is a reasonably easy job it will need to be done correctly. We encourage all people who wish to be a starter to regularly practice in this role. This helps minimise mistakes and keep the races flowing through quickly. For legal reasons starters must be eighteen years or older.

Setting Up

Contrary to popular belief, the equipment does not just appear on the field each Friday night just before you stroll in. In order to start on time we need all of the equipment set up before 6.00pm. Anyone who is able to arrive early can be of great assistance by helping to set up the equipment on the field. This is especially important because many people are unable to arrive early due to work commitments.

Packing up

Many hands make light work! So if you can offer a hand to pack up, it will greatly speed up the process.

Time Keeping

Using a stopwatch to time the competitors in the various track events. You will be shown how to use the watch and how to judge athletes crossing the finish line.

Place Judges

The placing of the athletes in the order in which they finish. You will be shown how to judge athletes crossing the finish line.

Recording

Recording the results of the track events on the results sheets.

No experience is necessary; there will always be someone to help you.

If you wish to take up one of these roles please contact the president listed on page 2.

7. MEMBERSHIP/REGISTRATION

To participate, children must be registered with the Blacktown Little Athletics centre. A registration fee is charged of which approximately 65% is passed directly onto the Little Athletics NSW Association. The remaining 35% helps the centre with funding the running costs including providing equipment for the children to use.

The age for all children shall be calculated as at midnight on 30th December.

Registration Ages – 2019/2020

	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016
JAN	17	17	15	14	13	12	11	10	9	8	7	6	TT	TT
FEB	17	17	15	14	13	12	11	10	9	8	7	6	TT	TT
MAR	17	17	15	14	13	12	11	10	9	8	7	6	TT	TT
APR	17	17	15	14	13	12	11	10	9	8	7	6	TT	TT
MAY	17	17	15	14	13	12	11	10	9	8	7	6	TT	TT
JUN	17	17	15	14	13	12	11	10	9	8	7	6	TT	TT
JUL	17	17	15	14	13	12	11	10	9	8	7	6	TT	TT
AUG	17	17	15	14	13	12	11	10	9	8	7	6	TT	TT
SEP	17	17	15	14	13	12	11	10	9	8	7	6	TT	TT
OCT	17	17	15	14	13	12	11	10	9	8	7	6	TT	TT* at 3 yrs
NOV	17	17	15	14	13	12	11	10	9	8	7	6	TT	TT* at 3 yrs
DEC	17	17	15	14	13	12	11	10	9	8	7	6	TT	TT* at 3 yrs

NOTES:

*TINY TOTS

Tiny Tots caters for both three and four year olds who will participate in gross motor skill games and activities. Children must have turned three years of age before their registration can be accepted (i.e. children who are still two years of age at the beginning of the season but turn three during October to December, cannot join Little Athletics until their third birthday).

NOTE – The minimum age for registration with BLAC is 3 years.

8. TINY TOT & U/6 POLICY.

If your child has registered as a Tiny Tot or under 6 member of our centre, we would like to explain to you the policy we have adopted for these two age groups.

TINY TOTS

BLAC fully endorses the policy of LANSW. We share their view that children of the TT age have very different physical and emotional needs to those of their older brothers and sisters. Accordingly, our aim for this age group is to provide a program that will be FUN for the children but at the same time will assist in developing their movement skills. At no stage do we encourage competitive achievement. As a result the activities your child will participate in will come from a specially designed program developed by LANSW. They will run and jump in a game format BUT there will be NO timing, NO measuring, nor

placing children in order of achievement. During the season your children will be provided encouragement for their efforts in the form of tickets and certificates.

UNDER 6

The under 6 children participate in traditional athletic events appropriate for their age. Where possible, for each event your child's performance will be timed or measured and will be recorded on a performance ticket. As with TT's the centre's points score system will NOT apply to this age group. Each child will always be recognised equally for the performances. We hope you also endorse the policy we have adopted.

9. ATTIRE

Centre uniform must be worn on Friday nights and all association carnivals.

The Blacktown Centre uniform consists of:

- An Emerald Green Singlet with Black and White stripes.
An Emerald Green Crop Top with Black and White stripes may also be worn by female athletes in U/9's and above (no longer available for purchase).
- Black Shorts with Green and White stripe on Right Leg. Loose fit unisex shorts available, bike shorts available for girls only.

An athlete may wear compression pants as an undergarment beneath their uniform/ shorts / pants providing they are worn above the knee.

Bike pants approved as part of the Centre Uniform may only be worn by female athletes as an outer garment. Bike pants on their own are not acceptable for male athletes.

- A **Plain** Black or White T shirt may be worn under the singlet.
T shirts are not to be worn under the crop top.
- Athletes must be in full uniform by 11th October 2019 – athletes not in full uniform after this date will not be able to compete.

The Centre uniform will be on sale on Friday nights (***and must not be modified***).

Other very important factors:

- Registration numbers are issued at the time of Registration and must be worn on the front of the singlet at all times. This number must be firmly fixed and clearly visible at all times and the red border around the number patch must also be clearly visible at all times.
- Age patch number is to be worn on the TOP LEFT-HAND side of the singlet/one piece or LOWER LEFT-HAND side of shorts or briefs.
- Sponsors patch must be worn on the top right of the singlet



10. FOOTWEAR

There are a number of important points to remember with regards to footwear. These include:

- Appropriate footwear **must** be worn at **all times**.
- Spiked shoes may only be worn by age groups under 11 and above.
For age groups under 11 to under 12 - They can only be used in events run entirely in lanes, High Jump, Long Jump, Triple Jump and the Javelin.
For age groups under 13 and above - They can be used for all track events excluding the walks, High Jump, Long Jump, Triple Jump and the Javelin.
 Spiked shoes must only be worn in the competition area & removed before leaving the event.
- Starting blocks may be used at the discretion of the competitors. Depending upon ground conditions the officials running the event may deem the use of blocks as unsafe.
- IAAF Rule 143, parts 3, 4, 5, 6 will apply to the construction of the spiked shoe.

11. GRADING

Age Managers will supervise children from marshalling areas to the completion of each event.

Children are graded firstly according to age and then to ability so they may compete with others of similar ability within their age group.

A record of each athlete's performance is maintained in each age group each week, which allows the children to compete against those with equal ability. Results are studied and selections are made for State Relays and Zone Championships.

12. REPORTING FOR EVENTS – COMPETITORS

Each event shall receive two calls after which if any competitor is not at the marshalling area the event shall proceed.

As each event is called your child must report to their respective Age Manager at the designated marshalling area. Age Managers will wear identification tags.

The only parents allowed on the field (inside the fence) are those who are assisting the Age Managers in running the events or acting as track or field officials. We encourage you to come forward and assist.

13. PARENT ROSTER

Each night of competition age groups will be rostered on to assist with various duties. These duties may include; setting up equipment, working on the BBQ, track assistance and packing up. At the beginning of the season, a parent roster will be made available to all parents via email, as well as being posted at the enquiries table. All parents are required to assist.

14. WORKING WITH CHILDREN'S CHECK

BLAC complies with the requirements of the NSW Office of the Children's Guardian Working with Children's Check. Age Managers and Officials will be required to undertake the volunteer Working with Children Check.

15. REPRESENTATIONS

(a) CENTRE REPRESENTATIVES

If your child is chosen to represent BLAC at Association Championships at any time during the season - you will be notified in writing. Your written acceptance must be returned to the Age Manager in the time specified to enable the team to be finalised and officially entered.

There are no fees payable to enter any of the Association Championships, apart from a small fee to enter the State Multi and State Cross Country & Road Walk competitions.

Once your child has accepted he/she should turn up on the day. Failure to do this, barring acceptable explanation, could result in your child not being considered for selection the following year.

If you do not wish your child to represent – or the day will be inconvenient for you – PLEASE DECLINE. Your child will still be eligible for future selection and we will appreciate your honesty.

(b) VARIOUS CHAMPIONSHIPS

The table below sets out the various Championships that the different age groups can compete in:

Championship Event	How	Fee	TT/U6	Under 7	Under 8	U9 to U17
Centre Championship	Nominate	No Fee	Yes	Yes	Yes	Yes
Zone	Selected *	No Fee	No	Yes	Yes	Yes
Region	Performance	No Fee	No	No	Yes	Yes
State	Performance	No Fee	No	No	No	Yes
State Relays	Selected	No Fee	No	No	Yes	Yes
State Multi	Nominate	Minimal Fee	No	Yes	Yes	Yes
State Cross Country & Road Walk	Nominate	Minimal Fee	No	Yes	Yes	Yes
Australia Day	Nominate	Minimal Fee	Yes	Yes	Yes	Yes
Trans Tasman Trials	Nominate	Minimal Fee	No	No	No	U11 & U12

Nominate: Parents enter their own children. Nominations will be called for at the Centre.
 Selected: The team is selected based on results achieved. Acceptance of selection required by parents.
 Performance: Placing's achieved at Zone and Region.
 Australia Day: This is our clubs gala day. All proceeds assist with purchasing trophies for the athletes at the end of the season.

* Athletes will self-nominate for preferred events by submitting an entry to the Championships Officer. Preferences will be allocated based on an athlete's performance throughout the season thus far. A maximum of 4 events are allowed for U7 TO U12 and a maximum of 6 events are allowed for U13 to U17. By completing a nomination form for Zone, it is with the understanding that parents will commit to fulfil duties given to the centre at these carnivals. This also includes duties at Region and State if your child qualifies. An athlete needs to have competed in an event at least twice to be considered for selection ahead of another athlete in that particular event by the time Zone & State Relays are selected.

16. CENTRE CHAMPIONSHIPS

All children are encouraged to enter this special event in the centres calendar.

Details are:

- (a) For age groups from U7 to U17:
 - (i) Each child can compete in a maximum of Four (4) events.
 - (ii) First, Second & Third placing's in Finals will receive medals.
 - (iii) Timed finals may be used to determine final placings
- (b) U6 children will be limited to 3 events while Tiny Tots will participate in play training activities.
- (c) All athletes competing in the Centre Championships will receive a participation medal.
- (d) No entry fee applies

17. RECORDS

(a) CENTRE RECORDS

These records include best ever performances achieved by Blacktown athletes at Centre championships, Zone, Regional, State, State Multi, Trans Tasman or National Championships regardless of venue.

Centre certificates will be awarded to children who achieve these records. ***(A full list of these records is found from Page 27 onwards).***

(b) FRANCIS PARK RECORDS

These records could only be set at Francis Park and were achieved at the Centre Championship or at Zone or Region if they were held at Francis Park.

(c) CORNUCOPIA RESERVE RECORDS

These records began in the 2013-14 season and can only be set at Cornucopia Reserve and were achieved at the Centre Championship or at Zone or Region if they are held at Cornucopia Reserve. ***(A full list of these records is found from Page 34 onwards).***

18. AWARDS

(a) CRITERIA

To be eligible for any competition, representative or service awards listed in sections 'b' through 'k' below at the Centre, a child must compete in at least 50% of designated competitions from the date the child has registered with the centre. Designated competitions will include Friday night competition or its replacement night (if required) as well as the Centre Championship. At least two (2) of these competitions must be attended after the Christmas break.

(b) COMPETITORS AWARDS

Awards are provided for 1st place through to 8th place for all age groups except the Tiny Tots and U6 age groups.

It is the parents responsibility to notify the age manager and/or the championship officer regarding time spent away from athletics for whatever reason.

All other eligible children from U7 to U17 age groups will receive a competitors award.

Tiny Tots & U6 age group children will receive a competitors award if 50% attendance of the season is achieved.

The 1st to 8th placing's in the U7 to U17 age groups will be determined using the Centre's points score system operating for the season.

The point score system used to determine the Age group top 8 performers seeks to reward the competitors for participation and performances achieved by allocating the following points for each event:

Placing		1 st	2 nd	3 rd	4 th	5 th	6 th	7 th	8 th	Other
Weekly Competition	Results	8	7	6	5	4	3	2	1	0
	Participation	1	1	1	1	1	1	1	1	1
	Total	9	8	7	6	5	4	3	2	1
Centre Championships	Results	16	14	12	10	8	6	4	2	0
	Participation	2	2	2	2	2	2	2	2	2
	Total	18	16	14	12	10	8	6	4	2

Note: for track events where there are more than one heat the top 8 placing's are taken across all heats NOT the top 8 places in each heat.

(c) AGE MANAGERS AWARD

The objective of this award is to enable the Age Manager to reward one child in the age group for displaying certain qualities or a combination thereof. These qualities include: **effort, behaviour, improved performance etc.**

(d) REPRESENTATIVE AWARDS

An award will be provided to each child for the highest level of representative championship achieved by them if the criteria is met: ie

- (i) **Zone:** Medal OR
- (ii) **Region:** A Region Trophy OR
- (iii) **State:** A State trophy and State jacket- The major reward for athletes getting to state is the STATE jacket. We also give the athletes a small trophy as a reward for participating at state.

(e) SERVICE AWARDS

The following service awards are presented:

- (i) Five years award - must have met the eligibility criteria for five- (5) continuous years' service at BLAC.
- (ii) Ten years award - must have met the eligibility criteria for ten- (10) continuous years' service at BLAC.
- (iii) U/17 four years award – must have met the eligibility criteria for four- (4) continuous years' service at BLAC.

(f) 100% ATTENDANCE AWARD

Presented to children who have competed in at least one event on every competition night during the season along with the Centre Championships.

(g) PRESIDENT'S AWARD

Each year the President of our Centre will present an award to one child/volunteer in recognition of their contribution to the centre in the past season(s). The award is given to recognise qualities important in sport aside from athletic performances.

(h) FABRICE LAPIERRE ENCOURAGEMENT AWARD (ONE BOY, ONE GIRL)

This award is given to one girl and one boy who the Management Committee believes has demonstrated excellent results without being awarded the Champion girl or boy and or has demonstrated significant improvement over the season.

This award is named the "Fabrice Lapierre Encouragement Award" to ensure that the outstanding achievements that Fabrice has had are remembered and most importantly that the young athletes in our club today (along with their parents) can realise that they can also achieve what Fabrice has.

Fabrice was a member of our club for 9 years - he was a very good athlete right through that time but success at the state level did not come his way until around the under 11's or 12's. By the time Fabrice was in the under 15's he won 4 gold medals at State. When competing for our club, he held Centre, Francis Park & State Records & also an Australia Best Performance.

In 2002 Fabrice represented Australia in the World Juniors where he won the Silver medal in the Long Jump. In 2006 Fabrice represented Australia in the Long Jump in the Commonwealth Games. There Fabrice won the bronze medal for Australia with a jump of 8.10m. After this great result Fabrice was quoted in the local paper - "it all started at good old Francis Park" The committee believes that Fabrice's story is one we want the current and future athletes of our club to remember. In 2008 Fabrice represented Australia in Beijing at the Olympic Games. He continues to compete in Grand Prix events with success, with one standout being at Madrid in July'09 where he jumped 8.57m to win gold. Fabrice won gold at the 2010 Commonwealth Games, represented Australia at the 2012 Olympic Games and the 2014 Commonwealth Games in Glasgow. Fabrice also competed at the 2016 Rio Olympics.

The committee believes that the key messages are:

To the Parents - provide appropriate support and encouragement to your children.

To the young athletes - kept working hard and KEEP ON DREAMING – you too can do what Fabrice has done.

(i) CENTRE CHAMPIONS (ONE BOY, ONE GIRL)

The champion boy and champion girl awards are given to the boy and girl who have gained the highest overall achievement at Centre competition & Centre Championship not including Zone, Region and State Championships.

(j) REPRESENTIVE CHAMPIONS (ONE BOY, ONE GIRL)

This is awarded to the boy & girl who have been judged to have gained the highest overall achievement in the major championships being Zone, Region & State Championship

The determination of the highest overall achievement will take into account the points gained in these championship via the established points score system. BUT the final decision will be taken by the Management Committee of the day based on all available information relating to the candidates performance.

(k) RECOGNITION OF TOP 10 ATHLETES

The Top 10 Athletes will be determined using the point score system outlined in deciding the Champion Boy and Girl. These placings will be given in order, to the athletes who have achieved the 10 highest point scores across the Centre from U7-U17.

Where two athletes finish on the same number of points then the Management Committee will decide based on the two athletes personal achievements and decide who would take the higher place.

19. OTHER ADMINISTRATIVE MATTERS**(a) WET WEATHER**

The most commonly asked question is "Is Little A's on or not?"

It is very difficult to establish a set of guidelines on which this decision can be made and then how can that decision best be communicated. Perhaps the best things to be aware of are:

- Listen for council's ground closure announcements as we must abide by their decision. The council wet weather information line number is 9839 6575
- The best way to see if athletics is on or not is to make the trip to the ground. Sometimes it is raining a few kilometers from the ground but not at the ground itself.
- View our Facebook page and website for updates
- Sign up to our TeamApp
- Remember the choice is always yours.

(b) COACHING

BLAC this season will be conducting coaching sessions weekly throughout the season from Tamara Savage. These sessions will be focused on the events of Shot Put, Discus and Javelin but will also include skills and techniques from other events. We encourage athletes to attend these coaching sessions provided by the Centre, so they can improve their skills in these various athletic events. A timetable for these coaching sessions will be made available throughout the season. Parents are advised that they must always be in attendance at these coaching sessions.

Any Parents, who wish to assist with coaching, please make yourself known to the Coaching Coordinator. For those people who are interested, there are preliminary courses available through the association. If interested in these courses please see the Centre's Coaching Coordinator so that you can be notified of courses, dates and times, etc.

(c) CANTEEN/BBQ

Help is requested from parents to assist with the BBQ each Friday night. This important function is the Centre's major source of revenue to provide registered children of Blacktown L.A.'s with equipment and awards, such as trophies at seasons end.

(d) PUBLICITY

News and events will be communicated via the BLAC Facebook page, website and TeamApp.

(e) CARE OF GROUNDS

The Centre undertakes to always leave the ground clean, cleaner than when we arrive if possible. Please place all rubbish in the bins provided. No animals are allowed at Blacktown Sporting Parks as per Council Regulations. **Alcohol is prohibited within the grounds and smoking is prohibited within:**

- all areas of competition
- 10 metres of children's play equipment in outdoor public spaces;
- Spectator areas at sports grounds or other recreational areas;

(f) CAR PARKING

All cars must park in the general public carpark.

(g) REPORTS ON INJURIES

All injuries no matter how minor they appear at the time should be reported to the First Aid Officer or one of the officials.

(h) ASTHMA SUFFERERS

- Asthmatics should use their inhalers prior to each track, cross-country and/or road walking events.
- Inhalers should be carried on the person but must not be held in the hand during the running of the event.

- Should an attack of asthma develop during the event the competitor should:
 - (a) Withdraw from the event immediately and may not return to the event.
 - (b) Use his/her medication.
 - (c) Notify his/her family doctor on the first available occasion that an attack developed during a race, and seek advice to obtain better control.
- Should an attack develop after the race the competitor should do as in (b) and (c) above.
- Use of inhalers is permitted while waiting at field events, but not during a trial or running of a track event.

(i) OUR WEB SITE- Facebook – [www.facebook.com/BlacktownLittleAthletics\(BLAC\)](https://www.facebook.com/BlacktownLittleAthletics(BLAC))

BLAC operate a website at <https://www.blac.com.au>. It will have up to date information on events at the centre and changes to published dates in this hand book etc.

BLACKTOWN LITTLE ATHLETICS EVENTS FOR THE 2019-2020 SEASON

Week One (1) Program

Event	TT	6	7	8	9	10	11	12	13	14	15/17/sen.
50 m	X		X								
70 m		X	X	X	X	X					
100 m	X						X	X	X	X	X
200 m											
400 m				X	X	X	X	X	X	X	X
Pack		First 300m	500m								
800 m					X						
1500 m							X	X	X	X	X
3000 m									X	X	X
Walk											
Straight T. Hurdles				First	First	X					
Circular T. Hurdles									First	First	First
Long J.	First	X					First	X	X	X	X
High J.					X	X	X	First			
Triple J.											
Shot			First	X			X		X		
Discus					X	First		X		X	X
Javelin								X	X	X	
Other	(a)	(b) SR									
							First	First event for each Age Group.			

- Notes:
- (a) The tiny tots will participate in play training activities each week.
 - (b) SR = Shuttle Relay
 - (c) Under 6 will begin to learn the shot and discus during the season.
 - (d) U17 program will (in general) follow the U/15 age group
 - (e) This program is subject to change

BLACKTOWN LITTLE ATHLETICS EVENTS FOR THE 2019-2020 SEASON

Week Two (2) Program

Event	TT	6	7	8	9	10	11	12	13	14	15/17/sen.
50 m	X	X									
70 m	X										
100 m		X	X	X	X	X					
200 m	X	X	X	X	X	X	X	X	X	X	X
400 m											
Pack				700m First							
800 m						First	First	X	X	X	X
1500 m											
3000 m											
Walk					700 X	1100 X	1100 X	1500 X	1500 X	1500 X	1500 X
Straight T. Hurdles							X	X	First	First	First
Circular T. Hurdles											
Long J.			First	First	X	X					
High J.									First	X	X
Triple J.							X	X	X	X	X
Shot					X	X		First		X	X
Discus		(b) First	X	First			X		X		
Javelin							X				X
Other	(a) First										
							First	First event for each Age Group.			

Notes: a) The tiny tots will participate in play training activities each week.

(b) SR = Shuttle Relay

(c) Under 6 will begin to learn the shot and discus during the season.

(d) U17 program will (in general) follow the U/15 age group

(e) This program is subject to change

2018-2019**Age Group Champions****Under 7**

Place	Girls	Age Manager: Troy Baylis	Place	Boys	Age Manager: Lauren Matley
1	Stephanie	White	1	Kylan	Zammit
2	Aditi	Shetty	2	Lachlan	Richardson
3	Olivia	Vrataric	3	Liam	Fahey
4	Georgia	Williams	4	Coen	Gibson
5	Amelia	Baylis	5	Callan	Hansen
6	Jodie	Davidson	6	Jack	Stevens
7	Aaradhya	Sunkari	7	Cameron	Foulstone
8	Nyrah	Sangeeth	8	Monty	Trestka

Under 8

Place	Girls	Age Manager: Tracy Bolton	Place	Boys	Age Manager: Nathan Dooley
1	Hargun Kaur	Saini	1	Amjad	Mousa
2	Ava	Paterson	2	Cohen	Burville
3	Rihanna	Abu Ganaba	3	Christian	Attard
4	Harnorr	Sachdeva	4	Adrian	Rostami
5	Shamsheer	Sohana	5	Arhaan	Hnduja
6	Aadhya	Panicker	6	Joshua	Dooley
			7	Tako	Justin
			8	Micah	Amosa

Under 9

Place	Girls	Age Manager: Stephanie Kent	Place	Boys	Age Manager: Kalai Meeran
1	Summer	Nelson	1	Bryson	Samuel
2	Rose	Rostami	2	Kris	Alimo
3	Pwoj	Majok	3	Aahil	Meeran
4	Bella	Graha,	4	Ngathjwok	Mugo
5	Claire	Davidson	5	Arbaaz	Randhawa
6	Suhavi	Kaur	6	Rayan	Appugol
7	Hayley	Yousef	7	Ajaypal	Singh
8	Gabrielle	Clarke	8	Ajitesh	Naik

Under 10

Place	Girls	Age Manager: Joanne Attard	Place	Boys	Age Manager: Kylie Tod
1	Angelina	Burford	1	Lachlan	Fahey
2	Gabriella	Baker	2	Murray	Gibson
3	Chloe	Attard	3	Xavier	Young
4	Reeghan	Zammit	4	Aiden	Tod
5	Azri	Mortimer	5	Armeet	Singh
6	Elisha	Mihaleff	6	Joel	Justin
7	Anhad Kaur	Saini	7	Cooper	Edwards
8	Anna	Budzynska	8	Toorjo	Roychowdury

2018-2019**Age Group Champions****Under 11**

Place Girls	Age Manager: Gyan Kumar	Place Boys	Age Manager: Karen Hansen & Karen Young
1 Tanisha	Kumar	1 Arav	Shetty
2 Lara	Hodges	2 Brendon	White
3 Danelia	Samuel	3 Ethan	Hansen
4 Katherina	Alimo	4 Kushal	Mariguddi
5 Indianna	Carroll	5 Dane	Amosa
6 Joanna	Meru	6 Dwight	Filipo
7 Inayat	Randhawa	7 Brodie	Nelson
8 Aseem	Kaur	8 Bradley	Yousef

Under 12

Place Girls	Age Manger: Paul Smith	Place Boys	Age Manager: Melanie Graham
1 Taya	Zammit	1 Ankit	Rawal
2 Kirra	Gibson	2 Vaughn	Wilbow
3 Natasha	Bow	3 Tonmoy	Roychowdhury
4 Audrey	Adamcewicz	4 Shaun	Prasad
5 Simran	Kaur	5 Luke	Vrataric
6 Sophia	Smith	6 Samuel	Freedman
7 Diyana	Hewa Liyanage	7 Jay	Nelson
8 Dina	Vuksinic	8 Ethan	Graham

Under 13

Place Girls	Age Manger: Elicia Wye	Place Boys	Age Manager: Elicia Wye
1 Raphaila	Idris	1 Ethan	Filipo
2 Esther	Peter	2 Jake	Hayter
3 Madison	Leroy-Wye	3 Dylan	Hayter
4 Rhea	Khasa	4 Adesh	Sunkari
5 Zoe	Dawkins		
6 Ashmitha	Vimalathithen		

2018-2019**Age Group Champions****Under 14**

Place Girls	Age Manager: Ziad Jawad	Place Boys	Age Manager: David Freedman & Michael Dawkins
1 Aliya	Jawad	1 Jabez	Pillay
2 Akuec	Deng	2 Nicholas	Freedman
3 Sophie	Craig	3 Nicholas	Dawkins
4 Afreen	Randhawa	4 Darshpreet	Singh
5 Mercy	Opoku	5 Chelaka	Hewa Liyanage
6 Martine	Valais	6 Mugo	Mugo
7 Noami	Justin		
8 Jasmine	Dooley		

Under 15

Place Girls	Age Manager: Nadia Saraceno	Place Boys	Age Manager: Nadia Saraceno
1 Jasmine	Saraceno	1 Michael	White
2 Rebecca	Adeti	2 Beau	Jenkins
3 Sandra	Lado		

Under 17

Place Girls	Age Manager: Branko Vuksinic	Place Boys	Age Manager: Tori Mitchell
1 Zali	Adamcewicz	1 Jaxon	Savage
2 Nevine	Idris	2 Max	Glina
3 Ading	Majok	3 Abiatara	Peter
4 Livia	Suric- Vuksinic	4 Samuel	Adeti
		5 Cameron	Mitchell
		6 Mijwok	Mugo

BLACKTOWN LITTLE ATHLETICS – CENTRE RECORDS
As at April 2019

Event	Record Holder		Season	Where Set	Record	
	<u>Under 7 Girls</u>					
50m	Annette	Cavanagh	78/79	State	8.2	SR
70m	Jodie	Smith	80/81	Centre	11.8	
100m	Bronwyn	Smith	84/85	Centre	16.7	
200m	Bronwyn	Smith	84/85	Centre	33.8	
500m	Kerryn	Paull	92/93	Centre	01:51.5	
Long Jump	Bronwyn	Smith	84/85	Centre	3.35m	
Shot Put	Vanessa	Varecka	91/92	Centre	5.78m	
Discus	Parambir	Sandhu	95/96	Zone	14.60m	
	<u>Under 7 Boys</u>					
50m	Matthew	Dorrens	78/79	Centre	8.3	
	Chris	Haywood	1980	Centre	8.3	
70m	Chris	Haywood	1980	Centre	11.3	
100m	Jason	Fineberg	81/82	Zone	16.3	
200m	Jason	Fineberg	81/82	Region	33.6	
500m	Darren	Sowden	92/93	Centre	01:45.5	
Long Jump	Andrew	Neville	99/00	Zone	3.42m	
Shot Put	Gurlal	Pooni	81/82	State	8.85m	
Discus	Amandeep	Dhaliwal	01/02	State Multi	19.27m	
	<u>Under 8 Girls</u>					
70m	Annette	Cavanagh	79/80	State	10.54	SR
100m	Annette	Cavanagh	79/80	Centre	15.5	
200m	Annette	Cavanagh	79/80	Centre	32.3	
400m	Jenny	Sluvisky	1976	Centre	01:17.5	
700m	Tara	Quinn-Woldhuis	98/99	Region	02:15.3	
60m Hurdles	Abbey	Ashton	00/01	Region	11.0	
Long Jump	Bronwyn	Smith	85/86	Centre	3.70m	
Shot Put	Filoi	Aokuso	03/04	State Multi	7.94m	
Discus	Filoi	Aokuso	03/04	Centre	20.15m	
	<u>Under 8 Boys</u>					
70m	Ian	D'Costa	77-78	Centre	10.9	
100m	Andrew	Neville	00-01	Zone	10.9	
	Paul	Smart	82-83	Region	14.9	
200m	Jason	Fineberg	82-83	Region	31.2	
400m	David	Paabo	80-81	Centre	01:12.1	
700m	Fabrice	Lapierre	91-92	Region	02:18.2	
60m Hurdles	Andrew	Neville	00-01	Zone	11.0m	
Long Jump	Andrew	Neville	00-01	Centre	4.10m	
Shot Put	Luke	Schein	93-94	Zone	7.95m	
Discus	Grant	Stevens	80-81	Centre	26.40m	

BLACKTOWN LITTLE ATHLETICS – CENTRE RECORDS
As at April 2019

Event	Record Holder		Season	Where Set	Record	
	<u>Under 9 Girls</u>					
70m	Katie	Johnstone	06/07	State	10.5	
100m	Soseh	Demirian	93-94	State	15.0	
200m	Annette	Cavanagh	80-81	Centre	30.5	
400m	Kerryn	Paull	94-95	State	1-10.0	
800m	Melissa	Goyen	80-81	Centre	2-45.6	
700m Walk	Skye	Norford	00-01	State	3-34.1	
60m Hurdles	Kyah	Simon	99-00	State	10.4	
Long Jump	Mihaela	Grnovic	04/05	Centre	3.86m	
High Jump	Jenny	Hass	85-86	State	1.17m	
Shot Put	Filoi	Aokuso	04/05	Centre	8.98m	
Discus	Filoi	Aokuso	04/05	State Relays	31.22m	SR
	<u>Under 9 Boys</u>					
70m	Daniel	O'Brien	97/98	State	10.1	
	Ben	Gilbert	98/99	State	10.1	
100m	Colin	Browne	92/93	Region	14.3	
	Ben	Gilbert	98/99	State	14.3	
200m	Adam	Jenner	00/01	State	29.4	
400m	Adam	Jenner	00/01	State	01:07.9	
800m	Brandon	Ball	1984	Centre	02:36.2	
700m Walk	David	Cuthbert	96/97	State	03:32.1	
60m Hurdles	Andrew	Neville	01/02	State	9.6	
Long Jump	Andrew	Neville	01/02	State	4.30m	
High Jump	Andrew	Neville	01/02	Region	1.27m	
	Mtchell	Newton	03/04	State	1.27m	
Shot Put	Henrix	Cherrington	02/03	Region	10.98m	
Discus	Paulo	Aokuso	05/06	Zone	31.60m	
	<u>Under 10 Girls</u>					
70m	Mihaela	Grnovic	05/06	State	10.0	
100m	Mihaela	Grnovic	05/06	State	13.9	
200m	Kerryn	Paull	95/96	State	30.2	
400m	Kerryn	Paull	95/96	State	01:09.9	
800m	Karen	Hosking	88/89	State	02:36.7	
1100m Walk	Jessica	Meoni	96/97	State	05:51.9	
60m Hurdles	Krystal	Pertel	97/98	Region	11.0	
	Shai	Thompson	04/05	State	11.0	
	Raphaelia	Idris	15/16	Region	11.0	
Long Jump	Samantha	Brincat	92/93	Centre	4.33m	
High Jump	Laura	Carter	99/00	State	1.25m	
Shot Put	Filoi	Aokuso	05/06	Region	11.92m	SR
Discus	Filoi	Aokuso	05/06	Centre	36.88m	

BLACKTOWN LITTLE ATHLETICS – CENTRE RECORDS
As at April 2019

Event	Record Holder		Season	Where Set	Record
	<u>Under 10 Boys</u>				
70m	Ben	Gilbert	99/00	State	9.9
100m	Jason	Fineberg	84/85	Region	14.0
	Ben	Gilbert	99/00	State	14.0
	Jaxen	Cole	13/14	Region	14.0
200m	Adam	Jenner	01/02	State	28.4
400m	Brandon	Ball	84/85	State	01:06.4
800m	Brandon	Ball	84/85	Region	02:33.2
1100m Walk	Luke	Hullands	95/96	State	05:49.2
60m Hurdles	Andrew	Neville	02/03	State	9.6
Long Jump	Andrew	Neville	02/03	Centre	4.63m
High Jump	Mark	Hendry	96/97	State	1.44m
Shot Put	Handrix	Cherington	03/04	Region	12.69m
Discus	Grant	Stevens	1983	Centre	38.16m
	<u>Under 11 Girls</u>				
100m	Cecile	Concha	95/96	State	13.6
200m	Cecile	Concha	95/96	State	28.8
400m	Kate	Connolly	94/95	State	01:06.3
800m	Karen	Hosking	89/90	State	02:26.9
1500m	Karen	Hosking	89/90	State	05:00.6
1100m Walk	Nicole	Harrison	98/99	State	05:28.5
60m Hurdles	Shai	Thompson	05/06	State	10.3
Long Jump	Tracey	Collins	1975	Centre	4.74m
High Jump	Jade	Marsh	07/08	State	1.40m
Triple Jump	Mihaela	Grnovic	06/07	State	9.76m
Shot Put	Filoi	Aokuso	06/07	State	14.07m
Discus	Katherina	Alimo	18/19	Zone	15.23m
Javelin	Madison	Leroy-Wye	16/17	Zone	14.27m
	<u>Under 11 Boys</u>				
100m	Daniel	O'Brien	99/00	State	13.5
200m	Daniel	O'Brien	99/00	State	27.2
400m	Daniel	O'Brien	99/00	State	01:03.5
800m	Brandon	Ball	85/86	State	02:29.2
1500m	John	Mayers	80/81	Centre	05:00.5
1100m Walk	Matthew	Middleton	95/96	State	05:15.2
60m Hurdles	Colin	Browne	94/95	State	9.6
Long Jump	Fabrice	Lapierre	94/95	State	5.16m
High Jump	Peter	Cavanagh	1975	Centre	1.48m
	Andrew	Neville	03/04	State	1.48m
Triple Jump	Frederick	Adutwun	09/10	State	10.73m
Shot Put	Mannu	Singh	96/97	State	12.66m
Discus	Bradley	Yousef	18/19	Centre	14.59m
Javelin	Harry	White	17/18	Centre	16.51m

SR/ABP

BLACKTOWN LITTLE ATHLETICS – CENTRE RECORD**As at April 2019**

Event	Record Holder		Season	Where Set	Record	
<u>Under 12 Girls</u>						
100m	Mihaela	Grnovic	07/08	State	13.2	
200m	Mihaela	Grnovic	07/08	State	26.9	
400m	Natalie	Morris	80/81	Centre	01:05.6	
800m	Melissa	Goyen	1984	Centre	02:29.0	
1500m	Karen	Hoskins	90/91	State	04:52.7	
1500m Walk	Tarni	Webb	02/03	Region	07:30.7	
60m Hurdles	Shai	Thompson	06/07	State	10.1	
Long Jump	Tracey	Collins	85/86	Centre	5.40m	
High Jump	Stephanie	Langridge	02/03	State	1.45m	
Triple Jump	Raphaila	Idris	17/18	State	11.05m	SR
Shot Put	Filoi	Aokuso	07/08	Centre	16.03m	
Discus	Filoi	Aokuso	07/08	TTC	48.20m	SR/ABP of
Javelin	Shanaya	Mamo	10/11	Region	22.56m	46.19m

Under 12 Boys

100m	Mervyn	Mercado	92/93	Region	13.0	
200m	Thomas	Soliman	05/06	State	25.4	
400m	Mark	Van Unden	85/86	State	01:00.3	
800m	David	Beacroft	91/92	State	02:21.1	
1500m	David	Beacroft	91/92	State	04:43.2	
1500m Walk	David	Beacroft	91/92	Centre	06:48.4	
60m Hurdles	Adam	Jenner	03/04	State	9.3	
	Thomas	Soliman	05/06	State	9.3	
Long Jump	Fabrice	Lapierre	95/96	State	5.28m	
High Jump	Daniel	Magee	1981	Centre	1.54m	
Triple Jump	Fabrice	Lapierre	95/96	State	10.92m	
Shot Put	Rafy	Abu Ganaba	18/19	Region	10.01m	
Discus	Shane	Lee	92/93	Region	45.36m	
Javelin	Tyler	Anderson	15/16	Centre	31.42m	

Event	Record Holder		Season	Where Set	Record	
<u>Under 13 Girls</u>						
100m	Rondelle	Ryan	92/93	State	12.6	
	Keryn	Paull	98/99	State	12.6	
200m	Rondelle	Ryan	92/93	State	26.1	
400m	Katie	Johnstone	10/11	State	01:01.7	
800m	Christie	Harrison	98/99	State	02:22.9	
1500m	Christie	Harrison	98/99	State	04:57.5	
3000m	Christie	Harrison	98/99	State	10:51.6	
1500m Walk	Kate	Connolly	96/97	State	06:54.3	
80m Hurdles	Krystal	Pertel	00/01	State	13.2	
200m Hurdles	Keryn	Paull	98/99	State	28.5	
Long Jump	Rondelle	Ryan	92/93	Nationals	5.42m	
High Jump	Keryn	Paull	98/99	Nationals	1.61m	
Triple Jump	Raphaila	Idris	18/19	Region	11.39m	
Shot Put	Filoi	Aokuso	08/09	State	13.64m	
Discus	Filoi	Aokuso	08/09	State	47.91m	
Javelin	Filoi	Aokuso	08/09	Zone	35.49m	

Under 13 Boys

100m	Anas	Ganaba Abu	08/09	Zone	11.9	
100m AWD	Samual	Evans	10/11	Zone AWD 20 & 30	21.2	
200m	Anas	Ganaba Abu	08/09	State	24.6	
400m	David	Beacroft	92/93	State	59.4	
	Max	Pendra	93/94	State	59.4	
800m	David	Beacroft	92/93	State	02:11.2	
1500m	David	Beacroft	92/93	Nationals	04:19.6	ATC
3000m	David	Beacroft	92/93	State	09:56.2	
1500m Walk	David	Beacroft	92/93	State	06:30.4	SR
80m Hurdles	Ryan	Sultana	06/07	State	12.3	
	Thomas	Soliman	06/07	Nationals	12.3	
200m Hurdles	Adam	Jenner	04/05	Zone	28.1	
Long Jump	Thomas	Soliman	06/07	Nationals	6.11m	
High Jump	Thomas	Soliman	06/07	Nationals	1.75m	
Triple Jump	Fabrice	Lapierre	96/97	State	11.21m	
Shot Put	Shane	Lee	93/94	Nationals	16.02m	
Shot Put AWD	Samual	Evans	10/11	Zone AWD 20 & 30	2.10m	

BLACKTOWN LITTLE ATHLETICS – CENTRE RECORDS
As at April 2019

Event	Record Holder		Season	Where Set	Record
<u>Under 14 Girls</u>					
100m	Kerryn	Paul	99/00	State	12.5
200m	Kerryn	Paul	99/00	State	25.8
400m	Christie	Harrison	99/00	State	59.0
800m	Christie	Harrison	99/00	State	02:20.2
1500m	Christie	Harrison	99/00	State	04:49.7
3000m	Christie	Harrison	99/00	State	11:24.3
1500m Walk	Kate	Connolly	97/98	State	07:01.9
80m Hurdles	Janelle	Magrin	00/01	State	12.9
200m Hurdles	Kerryn	Paul	99/00	State	28.3
Long Jump	Shivone	McPhie	06/07	Centre	5.20m
High Jump	Kerryn	Paul	99/00	State Multi	1.63m
Triple Jump	Teresa	Sablic	07/08	Centre	10.73m
Shot Put	Filoi	Aokuso	09/10	State	14.98m
Discus	Filoi	Aokuso	09/10	State	44.55m
Javelin (400g)	Taya	McLean	14/15	Zone	30.64m

Under 14 Boys

100m	Dilshen	Mooneesamy	06/07	Region	11.6
200m	Thomas	Soliman	07/08	State	23.5
400m	Adam	Jenner	05/06	State	54.4
800m	David	Beacroft	93/94	State	02:03.3
1500m	David	Beacroft	93/94	State	04:16.9
3000m	David	Beacroft	93/94	State	09:17.1
1500m Walk	David	Beacroft	93/94	State	06:16.9
80m Hurdles	Fabrice	Lapierre	97/98	State	12.3
200m Hurdles	Thomas	Soliman	07/08	Zone	25.1
Long Jump	Thomas	Soliman	07/08	Region	6.46m
High Jump	Thomas	Soliman	07/08	State	1.90m
Triple Jump	Fabrice	Lapierre	97/98	State	12.60m
Shot Put	Nikolas	Savage	12/13	Centre	12.37m
Discus	Shane	Lee	94/95	Centre	55.30m
Javelin	Andrew	Neville	06/07	Centre	46.36m

Event	Record Holder		Season	Where Set	Record
<u>Under 15 Girls</u>					
100m	Rondelle	Ryan	94/95	State	12.1
200m	Rondelle	Ryan	94/95	Zone	25.2
400m	Christie	Harrison	00/01	State	01:01.2
800m	Christie	Harrison	00/01	State	02:28.9
1500m	Fiona	Fornasari	94/95	State	05:10.1
3000m	Kayla	Griffiths	07/08	Region	11:08.9
1500m Walk	Kate	Connolly	98/99	State	06:35.8
90m Hurdles	Janelle	Margin	01/02	State	14.0
200m Hurdles	Kerryn	Paul	00/01	State	27.9
Long Jump	Michelle	Wallis	88/99	State	5.40m
High Jump	Melissa	Yager	94/95	State	1.67m
Triple Jump	Michelle	Wallis	88/99	State	11.64m
Shot Put	Belinda	Forsyth	00/01	State	13.78m
Discus	Belinda	Forsyth	00/01	State	39.44m
Javelin (500g)	Taya	McLean	15/16	Zone	35.85m

BLACKTOWN LITTLE ATHLETICS – CENTRE RECORDS
As at April 2019

Under 15 Boys

100m	Thomas	Soliman	08/09	Region	11.20	
200m	Thomas	Soliman	08/09	Zone	22.60	
400m	Max	Pedrana	95/96	State	54.20	
800m	David	Beacroft	94/95	State	02:02.7	
1500m	David	Beacroft	94/95	State	04:14.3	
3000m	David	Beacroft	94/95	State	09:24.3	
1500m Walk	David	Beacroft	94/95	State	06:09.9	
100m Hurdles	Fabrice	Lapierre	98/99	State	12.90	
300m Hurdles	Michael	White	18/19	State	47.51	
Long Jump	Thomas	Soliman	08/09	State	7.12m	SR
High Jump	Andrew	Neville	07/08	Zone	1.90m	
Triple Jump	Fabrice	Lapierre	98/99	State	14.35m	SR/ABP
Shot Put	Shane	Lee	95/96	State	18.67m	
Discus	Shane	Lee	95/96	Region	58.10m	
Javelin (700g)	Mitchell	Haynes	11/12	State	40.81m	

Under 17 Girls

100m	Serena	Andersen	13/14	Region	13.6	
200m	Deyana	Trikaliotis	15/16	Region	26.4	
400m	Deyana	Trikaliotis	15/16	Region	58.8	
800m	Nicole	Adamson	11/12	Zone	02:40.4	
1500m	Susan	Mayen	12/13	Region	05:45.0	
3000m	Nicole	Adamson	12/13	Zone	13:56.8	
1500m Walk	Claire	McKinley	15/16	Region	09:32.0	
100m Hurdles	Emma	Horvat	09/10	Zone	17.8	
200m Hurdles	Emma	Horvat	10/11	Region	31.1	
Long Jump	Deyana	Trikaliotis	14/15	Region	5.19m	
High Jump	Jade	Marsh	12/13	Zone	1.53m	
Triple Jump	Deyana	Trikaliotis	15/16	Zone	11.25m	
Shot Put (3kg)	Tamara	Savage	15/16	Centre	10.21m	
Discus	Tamara	Savage	14/15	Region	28.57m	
Javelin (500g)	Taya	McLean	17/18	Zone	37.72m	

Under 17 Boys

100m	Dilshen	Mooneesamy	09/10	Region	11.00	
200m	Anas	Abu Ganaba	12/13	Region	21.99	
400m	Zach	Amos	11/12	State	49.79	
800m	Connor	Baggs	13/14	Zone	02:10.5	
1500m	Connor	Baggs	13/14	State	04:26.9	
3000m	Connor	Baggs	12/13	State	10:02.83	
1500m Walk	Blake	Dwyer-Hall	16/17	State	06:45.5	
110m Hurdles	Matthew	Soliman	08/09	Zone	15.30	
300m Hurdles	Jaxon	Savage	18/19	Zone	50.89	
Long Jump	Matthew	Soliman	08/09	Zone	6.07m	
High Jump	Abiatara	Peter	18/19	Zone	1.74m	
Triple Jump	Daniel	Hanna	08/09	Zone	11.47m	
Shot Put (5kg)	Jashua	Bartley	11/12	State	12.99m	
Discus	Jashua	Bartley	11/12	Zone	41.81m	
Javelin (700g)	Mitchell	Haynes	12/13	Centre	46.46m	
<u>AWD 15-17</u>						
100m	Samuel	Evans	12/13	State	20.99	
Long Jump	Samuel	Evans	12/13	State	1.78m	
Discus	Samuel	Evans	12/13	State	10.74m	

Note: SR = is the current State Record. ABP = Australian Best Performance
 ATC =Australian Teams Championship Records

MEDAL WINNERS 2018-2019

Australian Little Athletics Championships Bronze Medal - Raphaila Idris U13 Girls Triple Jump

State Championships
 Gold Medal - Azri Mortimer U9-10 Girls 100m
 Gold Medal - Azri Mortimer U9-10 Girls 200m
 Silver Medal - Azri Mortimer U9-10 Girls Discus
 Silver Medal - Azri Mortimer U9-10 Girls Shot Put
 Bronze Medal - Angelina Burford U10 Girls 100m

STATE RELAY RECORDS HELD BY BLACKTOWN

U7 Mixed*	4 x 100m	80/81	66.3
	Jason Fineberg, Kristine Croft, Brandon Ball, Tanya Dioguardi		
U8 Mixed (Equal)	4 x 100m	81/82	1:03.94**
	Jason Fineberg, Kristine Croft, Paul Smart, Tanya Dioguardi		
U10 Mixed	4 x 100m	83/84	58.04**
	Jason Fineberg, Kristine Croft, Paul Smart, Donna Powell		

Note: * Event no longer available

** Times Corrected for Electronic ZTimes

PERPETUAL RECORDS

Age Group	Event	Record Holder	Record	Season	Where Set
U14G	Javelin 600g	Filoi Aokuso	35.46	09/10	State
U15G	Javelin 600g	Tara Richardson	34.18	02/03	Region
U17G	Shot Put 4kg	Elizabeth Ainsworth	7.34	08/09	Centre
U17G	Javelin 600g	Gemma Hurst	22.79	09/10	Zone
U14B	Shot Put 4kg	Shane Lee	17.06	94/95	Region
U15B	Javelin 600g	Andrew Neville	49.08	07/08	Zone
U15G	200m Hurdles	Kerryn Paull	27.9	00/01	State
U15B	200m Hurdles	Fabrice Lapierre	24.8	98/99	State
U17G	200m Hurdles	Emma Horvat	31.1	10/11	Region
U17B	200m Hurdles	Zach Adams	24.9	11/12	State
U12B	Shot Put 3kg	Shane Lee	12.69m	92/93	Centre
U11G	Discus 750g	Filoi Aokuso	38.25m	06/07	State
U11B	Discus 750g	Shane Lee	38.46m	91/92	State
U13B	Discus 1kg	Shane Lee	45.36m	92/93	Region
U10G	1500m	Karen Hosking	05:22.9	88/89	State
		Kate Connelly	05:22.9	93/94	State
U10B	1500m	Brandon Ball	05:06.0	84/85	State
U17B	Javelin 600g	Jashua Bartley	40.05m	11/12	Region
U17G	Javelin 600g	Gemma Hurst	22.79m	09/10	Zone

BLACKTOWN LITTLE ATHLETICS – Cornucopia Records
As at April 2019

Event	Record Holder		Season	Record
	<u>Under 7 Girls</u>			
50m	Stephanie	White	18/19	9.4
70m	Pwoj	Majok	16/17	13.1
100m	Summer	Nelson	17/18	19.1
200m	Olivia	Vrataric	18/19	42.7
500m	Summer	Nelson	17/18	2.00.5
Long Jump	Ashlyn	Wibberley	16/17	2.51m
Shot Put	Salote	Wolfgramm	14/15	4.55m
Discus	Reeghan	Zammit	16/17	11.42m

Under 7 Boys

50m	Kris	Alimo	17/18	9.3
70m	Arav	Shetty	15/16	13.3
	Cohen	Burville	17/18	13.3
100m	Kris	Alimo	17/18	17.9
200m	Kris	Alimo	17/18	37.3
500m	Bryson	Samuel	17/18	1.53.30
Long Jump	Bryson	Samuel	17/18	3.13m
Shot Put	Liam	Fahey	18/19	5.40m
Discus	Murray	Gibson	16/17	15.69m

Under 8 Girls

70m	Pia	Carrol	16/17	13.1
100m	Tanisha	Kumar	16/17	17.7
200m	Esther	Peter	13/14	39.5
400m	Esther	Peter	13/14	1.29.9
700m	Chloe	Jawad	16/17	3.06.00
60m Hurdles	Tanisha	Kumar	16/17	12.5
Long Jump	Tanisha	Kumar	16/17	3.25m
Shot Put	Salote	Wolfgramm	15/16	6.02m
Discus	Salote	Wolfgramm	15/16	11.81m

Under 8 Boys

70m	Arney	Kadaganchi	14/15	11.6
100m	Adrian	Rostami	18/19	16.4
200m	Arney	Kadaganchi	14/15	36.0
400m	Adrian	Rostami	18/19	1.22.5
700m	Adrian	Rostami	18/19	2.44.1
60m Hurdles	Kushal	Mariguddi	16/17	11.7
Long Jump	Adrian	Rostami	18/19	3.43m
Shot Put	Casey	McLean	13/14	5.45m
Discus	James	Schofield	15/16	14.65m

BLACKTOWN LITTLE ATHLETICS – Cornucopia Records
As at April 2019

Event	Record Holder		Season	Record
	<u>Under 9 Girls</u>			
70m	Raphaila	Idris	14/15	11.3
	Angelina	Burford	17/18	11.3
100m	Aliya	Jawad	13/14	16.5
200m	Angelina	Burford	17/18	35.2
400m	Esther	Peter	14/15	1.20.9
800m	Danelia	Samuel	17/18	3.12.4
700m Walk	Danelia	Samuel	17/18	4.38.30
60m Hurdles	Raphaila	Idris	14/15	10.9
Long Jump	Charlotte	Baylis	13/14	3.58m
High Jump	Tanisha	Kumar	17/18	1.12m
Shot Put	Taya	Zammit	16/17	5.46m
Discus	Taya	Zammit	16/17	19.19m

Under 9 Boys

70m	Tyrese	Lokeni	13/14	11.1
100m	Bryson	Samuel	18/19	15.8
200m	Bryson	Samuel	18/19	34.4
400m	Bryson	Samuel	18/19	1.18.2
800m	Brodie	Nelson	17/18	3.01.70
700m Walk	Xavier	Young	17/18	4.34.30
60m Hurdles	Kushal	Mariguddi	17/18	11.3
Long Jump	Oliver	Phillips	14/15	3.58
High Jump	Jwodho	Mugo	16/17	1.02m
Shot Put	Jesse	McLean	13/14	6.34m
Discus	Blake	Hodges	14/15	16.65m

Under 10 Girls

70m	Angelina	Burford	18/19	11.1
100m	Aliya	Jawad	14/15	15.6
200m	Kyanna	Lokeni	13/14	33.5
400m	Esther	Peters	15/16	1.19.6
800m	Esther	Peters	15/16	3.06.7
1500m	Kinuli	Premnath	14/15	7.47.7
1100m Walk	Catherine	Schofield	15/16	8.25.4
60m Hurdles	Angelina	Burford	18/19	11.6
Long Jump	Raphaila	Idris	15/16	3.95m
High Jump	Noami	Justin	15/16	1.15m
Shot Put	Taya	Zammit	17/18	7.05m
Discus	Taya	Zammit	17/18	21.39m

BLACKTOWN LITTLE ATHLETICS – Cornucopia Records
As at April 2019

Event	Record Holder		Season	Record
<u>Under 10 Boys</u>				
70m	Tyrese	Lokeni	14/15	10.9
100m	Abiatara	Peter	13/14	15.3
200m	Abiatara	Peter	13/14	31.0
400m	Jada	Legge	14/15	1.20.4
800m	John	Lukudo	15/16	3.00.5
1500m	Jada	Legge	14/15	6.11.9
1100m Walk	Ankit	Rawal	16/17	8.32.2
60m Hurdles	Abiatara	Peter	13/14	11.4
Long Jump	Jesse	McLean	14/15	4.09m
High Jump	John	Lukudo	15/16	1.20m
Shot Put	Casey	McLean	15/16	7.28m
Discus	Blake	Hodges	15/16	19.53m

Under 11 Girls

100m	Aliya	Jawad	15/16	15.2
200m	Aliya	Jawad	15/16	30.3
400m	Aliya	Jawad	15/16	1.15.2
800m	Danelia	Samuel	18/19	3.12.5
1500m	Indianna	Carroll	18/19	6.37.1
1100m Walk	Danelia	Samuel	18/19	7.29.3
60m Hurdles	Raphaila	Idris	16/17	11.1
Long Jump	Tanisha	Kumar	18/19	3.93m
High Jump	Tanisha	Kumar	18/19	1.36m
Triple Jump	Raphaila	Idris	16/17	8.73m
Shot Put	Manvek	Jawanda	13/14	6.53m
Discus	Katherina	Alimo	18/19	16.86m
Javelin	Ariana	Wibberley	17/18	13.35m

Under 11 Boys

100m	Jake	Hayter	16/17	13.9
200m	Jake	Hayter	16/17	29.5
400m	Jaiden	Selvan	16/17	1.14.0
800m	Abiatara	Peter	14/15	2.59.3
1500m	Jaiden	Selvan	16/17	6.00.6
1100m Walk	Beau	Jenkins	14/15	7.44.8
60m Hurdles	Abiatara	Peter	14/15	10.8
Long Jump	Bradley	Melesala	16/17	4.47m
High Jump	Jwodho	Mugo	18/19	1.28m
Triple Jump	Jesse	McLean	15/16	8.41m
Shot Put	Tyler	Andersen	14/15	8.43m
Discus	Bradley	Yousef	18/19	14.59m
Javelin	Harry	White	17/18	16.51m

BLACKTOWN LITTLE ATHLETICS – Cornucopia Records
As at April 2019

Event	Record Holder		Season	Record
	<u>Under 12 Girls</u>			
100m	Raphaila	Idris	17/18	14.0
200m	Raphaila	Idris	17/18	28.9
400m	Esther	Peter	17/18	1.16.60
800m	Sophia	Smith	18/19	3.16.5
1500m	Bella	Laurence	13/14	6.45.8
1500m Walk	Sophia	Smith	18/19	10.30.7
60m Hurdles	Nyanjur	Aguek	13/14	11.2
Long Jump	Raphaila	Idris	17/18	4.73m
High Jump	Athieu	Majok	18/19	1.33m
Triple Jump	Raphaila	Idris	17/18	10.97m
Shot Put	Jasnoor	Kaur	14/15	8.48m
Discus	Jasnoor	Kaur	14/15	24.52m
Javelin	Gurnoor	Kaur	15/16	20.63m

Under 12 Boys

100m	Jake	Hayter	17/18	14.0
200m	Abiatara	Peter	15/16	28.4
400m	Akashdeep	Singh	13/14	1.12.9
	Jaiden	Selvan	17/18	1.12.90
800m	Jaiden	Selvan	17/18	2.48.10
1500m	Nicholas	Freedman	16/17	6.15.4
1500m Walk	Beau	Jenkins	15/16	9.48.5
60m Hurdles	Abiatara	Peter	15/16	10.8
Long Jump	Tyler	Andersen	15/16	4.60m
High Jump	John	Lukudu	17/18	1.40m
Triple Jump	John	Lukudu	17/18	9.81m
Shot Put	Rafy	Abu Ganaba	18/19	9.76m
Discus	Ankit	Rawal	18/19	26.56m
Javelin	Tyler	Andersen	15/16	31.42m

BLACKTOWN LITTLE ATHLETICS – Cornucopia Records
As at April 2019

Event	Record Holder		Season	Record
	<u>Under 13 Girls</u>			
100m	Raphaila	Idris	18/19	12.8
200m	Raphaila	Idris	18/19	27.5
400m	Aliya	Jawad	17/18	1.10.90
800m	Brooke	Bonnell	13/14	2.57.0
1500m	Brooke	Bonnell	13/14	5.55.4
3000m	Brooke	Bonnell	13/14	12.58.0
1500m Walk	Brooke	Bonnell	13/14	9.41.9
80m Hurdles	Taya	McLean	13/14	17.4
200m Hurdles	Taya	McLean	13/14	36.2
Long Jump	Raphaila	Idris	18/19	5.02m
High Jump	Jemma	Bonnell	15/16	1.32m
Triple Jump	Aliya	Jawad	17/18	11.34m
Shot Put	Jusnoor	Kaur	15/16	8.15m
Discus	Gurnoor	Kaur	16/17	20.23m
Javelin	Taya	McLean	13/14	22.63m

Under 13 Boys

100m	Jake	Hayter	18/19	13.0
200m	Jesse	McLean	17/18	27.6
400m	Abiatara	Peter	16/17	1.04.8
800m	Zach	Laurence	13/14	2.49.6
1500m	Blake	Dwyer-Hall	13/14	5.49.6
3000m	Blake	Dwyer-Hall	13/14	12.32.5
1500m Walk	Blake	Dwyer-Hall	13/14	8.54.4
80m Hurdles	Jake	Hayter	18/19	14.6
200m Hurdles	Michael	White	16/17	33.4
Long Jump	Tyler	Anderson	16/17	4.89m
High Jump	Jesse	McLean	17/18	1.53m
Triple Jump	Jesse	McLean	17/18	10.58m
Shot Put	Tyler	Anderson	16/17	12.16m
Discus	Jake	Hayter	18/19	27.59
Javelin	Tyler	Anderson	16/17	26.69m

BLACKTOWN LITTLE ATHLETICS – Cornucopia Records
As at April 2019

Event	Record Holder		Season	Record
	<u>Under 14 Girls</u>			
100m	Aliya	Jawad	18/19	13.5
200m	Aliya	Jawad	18/19	29.10
400m	Aliya	Jawad	18/19	1.11.4
800m	Brooke	Bonnell	14/15	2.46.0
1500m	Brooke	Bonnell	14/15	5.44.9
3000m	Brooke	Bonnell	14/15	12.33.3
1500m Walk	Brooke	Bonnell	14/15	8.10.9
80m Hurdles	Zali	Adamcewicz	15/16	17.2
200m Hurdles	Taya	McLean	14/15	36.3
Long Jump	Zali	Adamcewicz	15/16	4.44m
High Jump	Ading	Majok	15/16	1.45m
Triple Jump	Nevine	Idris	15/16	8.96m
Shot Put	Jusnoor	Kaur	16/17	9.08m
Discus	Jusnoor	Kaur	16/17	21.85m
Javelin	Taya	McLean	14/15	28.46m

Under 14 Boys

100m	Reece	Smith	13/14	12.6
200m	Reece	Smith	13/14	26.9
400m	Abiatarata	Peter	17/18	1.01.90
800m	Nabhan	Mollah	13/14	2.37.7
1500m	Blake	Dwyer-Hall	14/15	5.58.9
3000m	Blake	Dwyer-Hall	14/15	13.04.8
1500m Walk	Blake	Dwyer-Hall	14/15	8.13.6
90m Hurdles	Abiatarata	Peter	17/18	15.1
200m Hurdles	Michael	White	17/18	31.30
Long Jump	Elijah Ezekiel	Barret	16/17	5.76m
High Jump	Abiatarata	Peter	17/18	1.51m
Triple Jump	Elijah Ezekiel	Barret	16/17	11.03m
Shot Put	Jaxon	Savage	17/18	9.97m
Discus	Mandar	Mariguiddi	15/16	24.18m
Javelin	Jesse	Jackson	17/18	25.00m

BLACKTOWN LITTLE ATHLETICS – Cornucopia Records
As at April 2019

Event	Record Holder		Season	Record
	<u>Under 15 Girls</u>			
100m	Bianca	Andersen	13/14	13.8
200m	Bianca	Andersen	13/14	28.6
400m	Tayla	Adamson	13/14	1.18.4
800m	Liana	Leroy-Wye	13/14	3.12.7
1500m	Livia	Suric-Vuksinic	16/17	6.38.3
3000m	Tayla	Adamson	13/14	16.22.2
1500m Walk	Deyana	Trikaliotis	13/14	9.21.7
90m Hurdles	Liana	Leroy-Wye	13/14	18.0
200m Hurdles	Liana	Leroy-Wye	13/14	33.7
Long Jump	Bianca	Andersen	13/14	4.70m
High Jump	Ading	Majok	16/17	1.45m
Triple Jump	Deyana	Trikaliotis	13/14	10.47m
Shot Put	Taya	McLean	15/16	9.10m
Discus	Tamara	Savage	13/14	24.32m
Javelin	Taya	McLean	15/16	31.96m

Under 15 Boys

100m	Michael	White	18/19	12.10
200m	Akashdeep	Singh	16/17	26.10
400m	Akashdeep	Singh	16/17	58.40
800m	Akashdeep	Singh	16/17	2.27.5
1500m	Blake	Dwyer-Hall	15/16	5.21.6
3000m	Blake	Dwyer-Hall	15/16	11.34.3
1500m Walk	Blake	Dwyer-Hall	15/16	7.26.7
100m Hurdles	Brian	Epondulan	13/14	15.8
300m Hurdles	Mijwok	Mugo	17/18	50.10
Long Jump	Elijah Ezekiel	Barret	17/18	5.27m
High Jump	Brian	Epondulan	13/14	1.60m
Triple Jump	Elijah Ezekiel	Barret	17/18	11.03m
Shot Put	William	Jackson	17/18	10.28m
Discus	Nikolas	Savage	13/14	28.34m
Javelin	Cameron	Mitchell	17/18	24.69m

BLACKTOWN LITTLE ATHLETICS – Cornucopia Records
As at April 2019

Event	Record Holder		Season	Record
	<u>Under 17 Girls</u>			
100m	Serena	Andersen	13/14	14.0
	Ading	Majok	17/18	14.0
	Ading	Majok	18/19	14.0
200m	Bianca	Andersen	14/15	30.3
400m	Tayla	Adamson	14/15	1.12.6
800m	Livia	Suric-Vuksinic	17/18	3.23.50
1500m	Livia	Suric-Vuksinic	17/18	7.27.10
3000m	Tayla	Adamson	14/15	15.49.4
1500m Walk	-	-	-	-
100m Hurdles	Tijana	Suric-Vuksinic	14/15	20.7
	Toni	McLean	15/16	20.7
200m Hurdles	Tijana	Suric-Vuksinic	14/15	37.0
Long Jump	Serena	Andersen	13/14	4.53m
High Jump	Ading	Majok	17/18	1.45m
	Ading	Majok	18/19	1.45m
Triple Jump	Nevine	Idris	17/18	9.50m
Shot Put	Tamara	Savage	15/16	10.21m
Discus	Tamara	Savage	15/16	26.86m
Javelin	Taya	McLean	17/18	34.44m

Under 17 Boys

100m	William	Jackson	18/19	13.30
200m	Joshua	Madafiglio	13/14	26.5
400m	Abiatara	Peter	18/19	1.01.4
800m	Nikolas	Savage	14/15	2.37.4
1500m	Connor	Baggs	13/14	4.55.5
3000m	Connor	Baggs	13/14	10.25.5
1500m Walk	Blake	Dwyer-Hall	17/18	7.08.30
110m Hurdles	William	Jackson	18/19	17.4
300m Hurdles	Jaxon	Savage	18/19	56.50
Long Jump	Nikolas	Savage	15/16	4.89m
High Jump	Abiatara	Peter	18/19	1.65m
Triple Jump	Abiatara	Peter	18/19	11.18m
Shot Put	Willaim	Jackson	18/19	10.38m
Discus	Nikolas	Savage	14/15	26.73m
Javelin	Cameron	Mitchell	18/19	32.00m

Blacktown Little Athletics - Francis Park Perpetual Records

Event	Record Holder		Season	Record
	<u>Under 7 Girls</u>			
50m	Bronwyn	Smith	1984	8.7
70m	Jodie	Smith	80/81	11.8
100m	Bronwyn	Smith	1984	16.7
200m	Bronwyn	Smith	1984	33.8
500m	Keryn	Paull	92/93	01:51.5
Long Jump	Bronwyn	Smith	1984	3.34m
Shot Put	Vanessa	Varecka	91/92	5.78m
Discus	Vanessa	Varecka	91/92	12.04m
	<u>Under 7 Boys</u>			
50m	Matthew	Dorrens	78/79	8.3
	Chris	Haywood	1980	8.3
70m	Chris	Haywood	1980	11.3
100m	Daniel	O'Brien	95/96	16.6
200m	Daniel	O'Brien	95/96	34.6
500m	Darren	Sowden	92/93	01:45.5
Long Jump	Andrew	Neville	99/00	3.42m
Shot Put	Greg	Foley	78/79	7.51m
Discus	Luke	Schein	92/93	16.76m
	<u>Under 8 Girls</u>			
70m	Ella	Kumpulainen	09/10	11.1
100m	Annette	Cavanagh	79/80	15.5
200m	Annette	Cavanagh	79/80	32.3
400m	Jenny	Sluvinsky	1976	01:17.5
700m	Taren	Ick	89/90	02:33.4
60m Hurdles	Abby	Ashton	00/01	11.7
Long Jump	Browyn	Smith	85/86	3.7m
Shot Put	Filoi	Aokuso	03/04	6.12m
Discus	Filoi	Aokuso	03/04	20.15m
	<u>Under 8 Boys</u>			
70m	Akashdeep	Singh	09/10	10.7
100m	Daniel	O'Brien	96/97	15.7
200m	Jason	Fineberg	1983	32.0
400m	David	Paabo	80/81	01:12.1
700m	Peter	Beacroft	89/90	02:21.2
60m Hurdles	Andrew	Neville	00/01	11.1
Long Jump	Andrew	Neville	00/01	4.10m
Shot Put	Ryan	Hadley	06/07	7.43m
Discus	Grant	Stevens	80/81	26.40m

Blacktown Little Athletics - Francis Park Perpetual Records

Event	Record Holder		Season	Record
	<u>Under 9 Girls</u>			
70m	Cassandra	Browne	97/98	11.2
	Mihaela	Grnovic	04/05	11.2
100m	Sally	Smithard	1983	15.4
	Kristine	Croft	1983	15.4
200m	Annette	Cavanagh	80/81	30.5
400m	Annette	Cavanagh	80/81	01:13.3
800m	Melissa	Goyen	80/81	02:45.6
700m Walk	Krystal	Pertel	96/97	03:53.2
60m Hurdles	Tara	Quinn-Woldhuis	99/00	11.0
Long Jump	Mihaela	Grnovic	04/05	3.86m
High Jump	Tara	Quinn-Woldhuis	99/00	1.14m
Shot Put	Filoi	Aokuso	04/05	8.98m
Discus	Filoi	Aokuso	04/05	27.82m
	<u>Under 9 Boys</u>			
70m	Daniel	O'Brien	97/98	10.6
100m	Brett	Smith	79/80	14.9
200m	Jason	Fineberg	1984	30.6
	Brandon	Ball	1984	30.6
400m	Brandon	Ball	1984	01:10.2
800m	Brandon	Ball	1984	02:36.2
700m Walk	David	Cuthbert	96/97	03:57.9
60m Hurdles	Daniel	O'Brien	97/98	10.7
	Blake	Austin	99/00	10.7
Long Jump	Andrew	Neville	01/02	4.11m
High Jump	Peter	Cavanagh	72/73	1.21m
Shot Put	Gural	Pooni	83/84	9.13m
Discus	Gural	Pooni	83/84	31.32m
	<u>Under 10 Girls</u>			
70m	Mihaela	Grnovic	05/06	10.7
100m	Kristine	Croft	1984	14.9
200m	Josephine	Xuereb	77/78	30.9
400m	Kristine	Croft	1984	01:10.8
800m	Keryn	Paull	95/96	02:48.4
1500m	Melissa	Goyen	1981	05:38.3
1100m Walk	Krystal	Pertel	97/98	05:58.5
60m Hurdles	Krystal	Pertel	97/98	11.3
Long Jump	Samantha	Brincat	92/93	4.33m
High Jump	Lisa	Dragicevich	86/87	1.21m
Shot Put	Filoi	Aokuso	05/06	11.25m
Discus	Filoi	Aokuso	05/06	36.88m

Blacktown Little Athletics - Francis Park Perpetual Records

Event	Record Holder		Season	Record
	<u>Under 10 Boys</u>			
70m	Ben	Gilbert	99/00	10.3
100m	Colin	Browne	93/94	14.4
200m	Colin	Browne	93/94	28.8
400m	Mark Van	Uden	1984	01:07.6
800m	S	Clifford	77/78	02:34.6
1500m	David	Beacroft	89/90	05:09.1
1100m Walk	Luke	Hulands	95/96	6.16.9
60m Hurdles	Colin	Browne	93/94	10.4
Long Jump	Andrew	Neville	02/03	4.63m
High Jump	Mark	Hendy	96/97	1.40m
Shot Put	Gurlal	Pooni	1985	11.16m
Discus	Grant	Stevens	1983	38.16m
	<u>Under 11 Girls</u>			
100m	Josephine	Xuereb	78/79	14.1
200m	Kristine	Croft	85/86	29.1
400m	Jenny	Sluvinsky	79/80	01:06.4
800m	Natalie	Morris	79/80	02:31.0
1500m	L	Yali	78/79	05:14.7
1100m Walk	Nicole	Dudman	95/96	05:45.0
60m Hurdles	Cecile	Concha	95/96	11.0
	Emma	Gilbert	96/97	11.0
Long Jump	Tracey	Collins	1975	4.74m
High Jump	Tammy	Butcher	1985	1.31m
Triple Jump	Tracey	Cowens	85/86	9.12m
Shot Put	Filoi	Aokuso	06/07	13.27m
Discus	Filoi	Aokuso	06/07	36.41m
	<u>Under 11 Boys</u>			
100m	Mark	Coleman	76/77	13.8
200m	Colin	Browne	94/95	28.1
400m	Darren	Deegan	77/78	01:05.1
800m	Brandon	Ball	85/86	02:33.1
1500m	John	Myers	85/86	05:00.5
1100m Walk	Matthew	Middleton	95/96	05:45.9
60m Hurdles	Colin	Browne	94/95	9.9
Long Jump	Clinton	Tyloo	93/94	4.70m
High Jump	Peter	Cavanagh	1975	1.48m
Triple Jump	Mark	Wright	88/89	9.61m
Shot Put	Mannu	Singh	96/97	12.00m
Discus	Grant	Stevens	1984	34.12m

Blacktown Little Athletics - Francis Park Perpetual Records

Event	Record Holder		Season	Record
<u>Under 12 Girls</u>				
100m	Annette	Osbourne	79/80	13.7
	Tracey	Collins	75/76	13.7
200m	Tracey	Collins	75/76	27.0
400m	Natalie	Morris	80/81	01:05.6
800m	Melissa	Goyen	1984	02:29.0
1500m	Melissa	Goyen	1984	04:55.7
1500m Walk	Tami	Webb	02/03	07:33.6
60m Hurdles	Krystal	Pertel	99/00	10.5
Long Jump	Tracey	Collins	75/76	5.40m
High Jump	Stephanie	Langridge	02/03	1.43m
Triple Jump	Mihaela	Grnovic	07/08	10.15m
Shot Put	Filoi	Aokuso	07/08	16.03m
Discus	Filoi	Aokuso	07/08	46.95m
Javelin	Tayla	Adamson	10/11	15.96m
<u>Under 12 Boys</u>				
100m	Thomas	Soliman	05/06	13.4
200m	Peter	Dyer	76/77	27.4
400m	Mark	Hawkins	79/80	01:03.0
800m	R	Meehan	80/81	02:27.5
1500m	R	Meehan	80/81	04:45.8
1500m Walk	David	Beacroft	91/92	06:48.4
60m Hurdles	Colin	Browne	95/96	10.2
Long Jump	Fabrice	Lapierre	95/96	5.05m
High Jump	Daniel	Magee	1981	1.54m
Triple Jump	Michael	Mansour	97/98	10.33m
Shot Put	Shane	Lee	92/93	12.69m
Discus	Shane	Lee	92/93	39.38m
Javelin	Christian	Falconer	10/11	11.36m
<u>Under 13 Girls</u>				
100m	Rondelle	Ryan	92/93	13.2
200m	Katie	Johnstone	10/11	27.5
400m	Katie	Johnstone	10/11	01:04.8
800m	Christie	Harrison	98/99	02:31.6
1500m	Melissa	Goyen	1985	05:18.7
3000m	Christie	Harrison	98/99	11:40.6
1500m Walk	Michelle	Coulter	88/89	07:30.2
80m Hurdles	Janelle	Magrin	99/00	14.3
200m Hurdles	Kerryn	Paull	98/99	30.6
Long Jump	Rondelle	Ryan	92/93	4.95m
High Jump	Nicola	Valdmanis	1982	1.51m
	Kerryn	Paull	98/99	1.51m
Triple Jump	Krystal	Pertel	00/01	10.05m
Shot Put	Belinda	Forsyth	98/99	11.79m
Discus	Belinda	Forsyth	98/99	38.22m
Javelin	Katheryn	Lee	00/01	27.54m

Blacktown Little Athletics - Francis Park Perpetual Records

Event	Record Holder		Season	Record
	<u>Under 13 Boys</u>			
100m	Thomas	Soliman	06/07	12.9
200m	Thomas	Soliman	06/07	25.9
400m	Max	Pedrana	93/94	01:00.8
800m	David	Beacroft	92/93	02:18.9
1500m	David	Beacroft	92/93	04:42.6
3000m	David	Beacroft	92/93	09:58.3
1500m Walk	David	Beacroft	92/93	06:43.8
80m Hurdles	Fabrice	Lapierre	96/97	13.1
200m Hurdles	Adam	Jenner	04/05	28.6
Long Jump	Thomas	Soliman	06/07	5.59m
High Jump	Thomas	Soliman	06/07	1.65m
Triple Jump	Fabrice	Lapierre	96/97	10.96m
Shot Put	Shane	Lee	93/94	14.77m
Discus	Shane	Lee	93/94	43.52m
Javelin	Jayraj S	Bhatti	04/05	25.74m
	<u>Under 14 Girls</u>			
100m	Kerryn	Paull	99/00	13.1
200m	Kerryn	Paull	99/00	26.7
400m	Christie	Harrison	99/00	01:01.0
800m	Christie	Harrison	99/00	02:25.3
1500m	Christie	Harrison	99/00	05:06.8
3000m	Christie	Harrison	99/00	12:00.7
1500m Walk	Michelle	Coulter	89/90	07:21.9
80m Hurdles	Melissa	Yager	93/94	14.1
	Candice	Pertel	99/00	14.1
200m Hurdles	Kerryn	Paull	99/00	31.0
Long Jump	Shivone	McPhie	06/07	5.20m
High Jump	Kerryn	Paull	99/00	1.57m
Triple Jump	Teresa	Sablic	07/08	10.76m
Shot Put	Belinda	Forsyth	99/00	13.34m
Discus	Belinda	Forsyth	99/00	40.02m
Javelin	Filoi	Aokuso	09/10	35.46m
	<u>Under 14 Boys</u>			
100m	Fabrice	Lapierre	97/98	12.0
200m	Andrew	Divito	96/97	25.1
400m	Adam	Furner	88/89	56.7
800m	David	Beacroft	93/94	02:13.6
1500m	David	Beacroft	93/94	04:32.9
3000m	David	Beacroft	93/94	09:36.0
1500m Walk	David	Beacroft	93/94	06:20.7
90m Hurdles	Fabrice	Lapierre	97/98	13.5
200m Hurdles	Shawn	Condon	01/02	29.0
	Simon	Hudlands	04/05	29.0
Long Jump	Andrew	Neville	06/07	5.93m
High Jump	Andrew	Neville	06/07	1.72m
Triple Jump	Fabrice	Lapierre	97/98	12.52m
Shot Put	Shane	Lee	94/95	17.06m
Discus	Shane	Lee	94/95	55.30m
Javelin	Andrew	Neville	06/07	43.91m

Blacktown Little Athletics - Francis Park Perpetual Records

Event	Record Holder		Season	Record
	<u>Under 15 Girls</u>			
100m	Lauren	Jones	98/99	13.1
200m	Michelle	Wallis	88/89	27.5
400m	Jamie	Mack	91/92	01:04.5
800m	Kate	Boatswain	02/03	02:34.6
1500m	Christie	Harrison	00/01	05:21.0
3000m	Kayla	Griffiths	07/08	11:36.5
1500m Walk	Beth	Edwards	94/95	07:21.5
90m Hurdles	Rebecca	Blunt	97/98	15.1
200m Hurdles	Kerryn	Paull	00/01	30.1
Long Jump	Michelle	Wallis	88/89	5.17m
High Jump	Natalie	Hill	99/00	1.61m
Triple Jump	Michelle	Wallis	88/89	11.32m
Shot Put	Jade	Rodrigues	96/97	12.49m
Discus	Tara	Richardson	02/03	36.67m
Javelin	Tara	Richardson	02/03	34.13m

	<u>Under 15 Boys</u>			
100m	Andrew	Divito	97/98	11.7
200m	Andrew	Divito	97/98	23.8
400m	Max	Pedrana	95/96	55.3
800m	David	Beacroft	94/95	02:07.4
1500m	David	Beacroft	94/95	04:32.4
3000m	David	Beacroft	94/95	09:30.4
1500m Walk	Peter	Beacroft	96/97	06:19.3
100m Hurdles	Aaron	Vanderent	01/02	14.5
200m Hurdles	Zac	Amos	09/10	27.3
Long Jump	Michael	Mansour	00/01	6.33m
High Jump	Paul	Fogarty	05/06	1.78m
Triple Jump	Colin	Browne	98/99	12.72m
Shot Put	Shane	Lee	95/96	16.81m
Discus	Shane	Lee	95/96	50.32m
Javelin	Andrew	Neville	07/08	49.08m

	<u>Under 17 Girls</u>			
100m	Emma	Horvat	09/10	14.3
200m	Emma	Horvat	09/10	29.1
400m	Emma	Horvat	09/10	01:24.9
800m	Gemma	Hurst	08/09	03:16.3
1500m	Gemma	Hurst	09/10	07:14.4
3000m	Gemma	Hurst	08/09	17:11.5
1500m Walk	Jessica	Cooper	08/09	10:46.7
200m Hurdles	Jessica	Cooper	09/10	35.0
Long Jump	Emma	Horvat	09/10	4.64m
High Jump	Emma	Horvat	09/10	1.30m
Triple Jump	Gemma	Hurst	09/10	9.42m
Shot Put	Elizabeth	Ainsworth	08/09	7.34m
Discus	Alison	Lipscombe	10/11	19.43m
Javelin	Gemma	Hurst	09/10	22.79m

Blacktown Little Athletics - Francis Park Perpetual Records

Event	Record Holder		Season	Record
	<u>Under 17 Boys</u>			
100m	Zac	Amos	10/11	12.2
200m	Dilshen	Mooneesamy	08/09	24.9
400m	Zac	Amos	10/11	54.3
800m	Nicholas	Toohill	09/10	02:30.5
1500m	Cameron	Gregg	10/11	05:25.6
3000m	Andreas	Gregg	10/11	12:30.4
110m Hurdles	Cameron	Gregg	09/10	23.9
200m Hurdles	Zac	Amos	10/11	27.2
Long Jump	Dilshen	Mooneesamy	08/09	4.95m
High Jump	Daniel	Hanna	09/10	1.45m
Triple Jump	Josh	Stenning	09/10	11.31m
Discus	Andreas	Gregg	10/11	19.0m
Javelin	Daniel	Hanna	08/09	28.73m

BLACKTOWN LITTLE ATHLETICS – Top 10 Athletes U7's – U17's
2018-2019

1. Stephanie White U7 Girls
2. Michael white U15 Boys
3. Bryson Samuel U9 Boys
4. Angelina Burford U10 Girls
5. Kyan Zammit U7 Boys
6. Lachlan Fahey U10 Boys
7. Raphaila Idris U13 Girls
8. Lachlan Richardson 7 Boys
9. Tanisha Kumar 11 Girls
10. Arav Shetty 11 Boys

BLACKTOWN LITTLE ATHLETICS – Summary of Major Awards

Representative Champions				
Girls			Boys	
Year	Name	Age Group	Name	Age Group
2019	Raphaila Idris	13	Bryson Samuel	9
2018	Raphaila Idris	12	John Lukudu	12
2017	Raphaila Idris	11	Jake Hayter	11
2016	Tyler Anderson	12	Taya McLean	15
2015	Deyana Trikaliotis	17	Abiatara Peter	11
2014	Taya McLean	13	Zach Laurence	13
2013	Deyana Trikaliotis	14	Abiatara Peter	9
2012	Emily Rotunno	14	Anas Abu Ganaba	17
2011	Katie Johnstone	13	Zac Amos	17
2010	Filoi Aokuso	14	Anas Ganaba Abu	14
2009	Miheala Grnovic	13	Thomas Soliman	15
2008	Miheala Grnovic	12	Thomas Soliman	14
2007	Filoi Aokuso	11	{Thomas Soliman	13
			{Andrew Neville	11
2006	Miheala Grnovic	10	Thomas Soliman	12
2005	Filoi Aokuso	9	Adam Moffat	13
2004	Danic Hart	11	Andrew Neville	11
2003	Tara Richardson	15	Andrew Neville	10
2002	Leanne Golebiowski	13	Andrew Neville	9
2001	Kerryn Paull	15	Satwinder Dhaliwal	9
2000	Kerryn Paull	14	Daniel O'Brien	11
1999	Christie Harrison	13	Fabrice Lapierre	15
1998	Belinda Forsyth	12	Fabrice Lapierre	14
1997	Kate Connolly	13	Peter Beacroft	15
1996	Kerryn Paull	10	Peter Beacroft	14
1995	Kerryn Paull	9	David Beacroft	15
1994	Kate Connolly	10	David Beacroft	14
1993	Rondelle Ryan	13	David Beacroft	13
1992	Candince Allsop	9	Shane Lee	11
1991	Karen Hosking	12	Shane Lee	10
1990	Karen Hosking	11	David Beacroft	10
1989	Michelle Wallis	15	Jason Fineberg	14
1988	Cindy Smith	15	Sheridan Goh	14
1987	Kristine Croft	12	Sheridan Goh	13

BLACKTOWN LITTLE ATHLETICS – Summary of Major Awards**Centre Champions*****Girls****Boys**

Name	Age Group	Name	Age Group
Stephanie White	7	Michael White	15
Summer Nelson	7	Bryson Samuel	7
Pwoj Majok	7	Blake Dwyer Hall	17
Ariana Wibberley	9	Abiatara Peter	12
Aliya Jawad	10	Jesse McLean	10
Aliya Jawad	9	Jesse McLean	9
Taya McLean	12	Zach Laurence	12
Emma Campbell	9	Jesse McLean	7
Jessica Laurance	7	Jaxon Savage	7
Ella Kumpulainen	8	Zach Amos	15

* Criteria for centre champion changed in 2010

BLACKTOWN LITTLE ATHLETICS- Summary of Major Awards

NSW State Representative

Year

2019	Raphaila Idris		
2012	Anthony Schmidt	Under 15 representative	
2010	Zachary Amos	Under 15 representative	
2009	Miheala Gmovic		
2009	Filoi Aokuso		
2008	Andrew Neville	Under 15 representative	
2007	Thomas Soliman		
2006	Andrew Neville		
2000	Steve Frew		
1999	Kerryn Paull	Christie Harrison	Belinda Forsyth
1995	Peter Beacroft (Team Captain)		
1994	Shane Lee		
1993	David Beacroft	Rondelle Ryan	
1992	David Beacroft (Team Captain)		
1991	Karen Hosking		

These athletes have been picked to represent NSW in the 22 member team for the Australian Team Championship. From 1993 the team has been an under 13 team. Prior to that the team was an under 12 team.

BLACKTOWN LITTLE ATHLETICS- Summary of Major Awards**Fabrice Lapierre Encouragement Award****Presidents Award****Champion Age Group****Girls****Boys**

Year	Name	Age Group	Name	Age Group	Name	Age Group	
2019	Tanisha Kumar	11	Brendon White	11	Azri Mortimer	10 Girl	10 Girls
2018	Chloe Attard	9	Ethan Hansen	10	Hayley Yousef	8 Girl	7 Girls
2017	Taya Zammit	9	Jaiden Selvan	11	Akasheep Singh	14 Boy	14 Girls
2016	Salote Wolfgramm	8	Lachlan Fahey	7	Jessie Jackson	12 Boy	12 Girls
2015	Jusnoor Kaur	12	William Jackson	12	Amy Bridge	12 Girl	8 Girls
2014	Hannah Ligertwood	11	Bryce Shorton	11	Rebecca Waldon	17 Girl	15 Girls
2013	Tara Phillips	9	Daniel Bull	10	Samuel Evans	15 Boy	14 Girls
2012	Bianca Anderson	13	Samuel Evans	14	Seinthan Sivakumar	10 Boy	17 Boys
2011	Claire McKinley	11	Connor Baggs	14	Zac Amos	17 Boy	14 Boys
2010	Deyana Trikaliotis	11	Nikolas Savage	11	Brooke Bonnell	9 Girl	13 Boys
2009	Akua Frimpong	10	Anas Ganaba	13	Tori Mitchell	14 Girl	13 Girls
2008	Shanaya Mamo	9	Frederick Adutwum	9	Daniel Hanna	15 Boy	12 Girls
2007	Luisa Morisio	11	Craig Gaudin	10	Jayraj Bhatti	15 Boy	14 Boys
2006	Katie Halliday-Johnstone	8	Paul Aokuso	9	Shaun Dwyer	13 Boy	12 Boys
2005	Miheala Grnovic	9	Jayraj Bhatti	13	Jordan Massard	13 Boy	13 Boys
2004	Filoi Aokuso	8	Luke Jenner	10	{Leanne Golebiowski	15 Girl	11 Boys
2003					{Steven Tripney	15 Boy	
2002					Cassandra Browne	14 Girl	15 Girls
2001					Nicholas Stevens	12 Boy	10 Boys
2000					Ashlee Reed	12 Girl	15 Girls
1999					Natalie Gross	11 Girl	14 Girls
1998					Karen McNulty	14 Girl	13 Girls
1997					Jacob Hardie	12 Boy	12 Girls
1996					Daniel Pressello	14 Boy	11 Girls
1995					Amanda Mc Donald	15 Girl	10 Girls
1994					Melissa yager	15 Girl	15 Boys
1993					Allyson Forrest	13 Girl	14 Boys
1992					Sarah MacDonald	15 Girl	12 Boys
1991					Michelle Dwyer	12 Girl	11 Boys
1990					Shaun Anderson	15 Boy	10 Boys
1989					Robert O'Dea	12 Boy	14 Boys
1988					Stephen Mc Donald	9 Boy	13 Boys
1987					Jonathan Powyer		12 Girls
					Tania Di Loreto		11 Boys

BLACKTOWN LITTLE ATHLETICS- Summary of Performances

State Place	2019	2018	2017	2016	2015	2014	2013	2012	2011	2010	2009	2008	2007	2006	2005	2004	2003	2002	2001	2000	1999	1998	1997	1996	1995	1994	1993	1992	1991	1990	1989
1	2	1	0	0	0	0	2	3	2	6	5	8	8	2	1	1	1	0	3	2	12	1	5	7	7	9	5	4	3	2	3
2	2	1	0	0	0	0	0	2	2	3	9	5	3	6	2	6	2	2	4	6	4	8	3	6	9	2	3	1	4	4	4
3	1	1	0	0	0	0	1	1	2	6	5	7	5	4	4	2	3	2	2	5	2	3	4	2	5	7	6	0	3	1	3
Medal Total	5	3	0	0	0	0	3	6	6	15	19	20	16	12	7	9	6	4	9	13	18	12	12	15	21	18	14	5	10	7	10
4	1	0	2	2	1	0	0	3	3	1	1	4	8	6	1	3	4	3	4	4	5	8	7	5	7	5	1	2	0	4	3
5	2	0	0	1	2	0	1	2	0	2	2	6	6	5	3	4	5	6	9	2	5	3	5	6	2	5	2	3	0	3	2
6	1	1	0	3	2	1	1	4	1	6	3	6	6	6	2	3	6	5	11	2	1	5	7	8	4	1	5	1	0	2	1
7	0	0	1	2	1	0	1	6	0	4	4	4	6	4	3	2	5	4	4	2	4	4	3	7	4	5	4	4	1	3	2
8	3	2	3	2	1	2	0	1	7	3	4	8	2	5	5	3	0	7	7	6	2	4	5	8	3	5	6	3	2	2	2
Top 8 Total	12	6	6	10	7	3	6	22	17	31	33	48	44	38	21	24	26	29	44	29	35	36	39	49	41	39	32	18	13	21	20
Performance Indicator Points		26	15	29	22	5	31	92	67	147	167	219	211	163	80	109	108	95	168	132	194	161	172	205	215	191	139	75	74	96	102
Total to State	16	14	14	17	16	28	28	42	30	30	32	39	44	51	33	36	43	40	48	36	47	50	45	48	41	28	25	21	14	25	17
Top 8 average	0.75	0.43	0.43	0.59	0.44	0.11	0.21	0.52	0.57	1.03	1.03	1.23	1.00	0.75	0.64	0.67	0.60	0.73	0.92	0.81	0.74	0.72	0.87	1.02	1.00	1.39	1.28	0.86	0.93	0.84	1.18
	(c)	(c)	(c)	(c)	(c)	(c)	(b)	(b)	(b)	(b)	(b)	(b)	(b)	(a)	(b)	(b)	(b)	(b)	(a)	(b)	(b)	(b)	(b)	(a)	(b)	(b)	(b)	(b)	(b)	(b)	(b)

State Relays Place	2019	2018	2017	2016	2015	2014	2013	2012	2011	2010	2009	2008	2007	2006	2005	2004	2003	2002	2001	2000	1999	1998	1997	1996	1995	1994	1993	1992	1991	1990	1989
1	0	0	0	0	0	0	0	0	0	0	0	1	4	2	2	3	1	0	1	1	0	1	3	3	2	4	0	1	0	0	0
2	0	0	0	0	0	0	0	2	1	0	2	3	1	0	3	3	1	3	2	1	5	2	3	3	3	0	1	0	0	0	0
3	0	0	0	1	0	0	0	0	1	0	1	0	2	3	3	0	1	3	3	2	1	4	7	1	3	0	1	0	1	0	0
Medal Total	0	0	0	1	0	0	0	2	2	0	3	4	7	5	8	6	3	6	6	4	6	7	13	7	8	4	2	1	1	0	0
4	0	0	2	0	0	0	0	0	1	0	4	6	4	2	1	4	4	2	1	2	3	1	0	4	1	2	0	0	2	3	0
5	0	0	0	0	0	0	0	1	2	0	2	2	4	4	3	3	4	1	4	5	2	5	6	5	3	5	0	0	2	3	2
6	0	0	0	0	0	0	2	0	0	0	2	1	2	2	4	0	3	0	0	4	5	5	5	2	3	4	0	1	2	0	2
7	0	1	1	1	0	0	0	3	2	0	1	0	2	3	2	2	2	0	3	2	1	5	3	2	4	2	0	0	1	2	1
8	0	1	3	0	0	0	1	0	0	0	1	3	4	2	4	2	3	3	2	4	2	6	1	4	6	0	1	2	0	0	0
Top 8 Total	0	2	6	2	0	0	3	6	7	0	13	16	23	18	22	17	19	12	17	19	21	25	33	21	23	23	2	3	10	8	5
Performance Indicator Points	0	3	15	8	0	0	9	24	30	0	57	73	101	74	92	83	73	56	70	75	85	98	138	102	93	84	13	12	34	31	16

2007 Results Included a State Record for Under 14 Boys Long/High Team

(d)

Region	2019	2018	2017	2016	2015	2014	2013	2012	2011	2010	2009	2008	2007	2006	2005	2004	2003	2002	2001	2000	1999	1998	1997	1996	1995	1994	1993	1992	1991	1990	1989
Total Entries	64	77	90	87	80	75	84	112	109	108	115	114	129	131	142	137	151	145	135	130	140	146	142	1130	133	120	123	105	92	86	69
% of Attendance	84%	87%	88%	87%	63%		90%	91%	93%	94%	98%	89%	95%	99%	97%	95%	96%	93%	94%												

Zone	2019	2018	2017	2016	2015	2014	2013	2012	2011	2010	2009	2008	2007	2006	2005	2004	2003	2002	2001	2000	1999	1998	1997	1996	1995	1994	1993	1992	1991	1990	1989
Total Entries	104	167	166	175	163	148	221	215	255	215	209	236	250	248	242	254	289	253	260	248	248	240	257	223	264	225	237	196	175	157	142
% of Attendance	97%	79%	86%	83%	76%		70%	72%	63%	89%	76%	80%	79%	89%	87%	83%	84%	87%	86%	92%	87%				88%	85%					

Notes:

Performance indicator points is a measure that enables us to compare results year on year - it is based on allocating 8 points to a first place down to 1 point for an 8th place.

(a) In these years the first four in each event at Region go through to State.

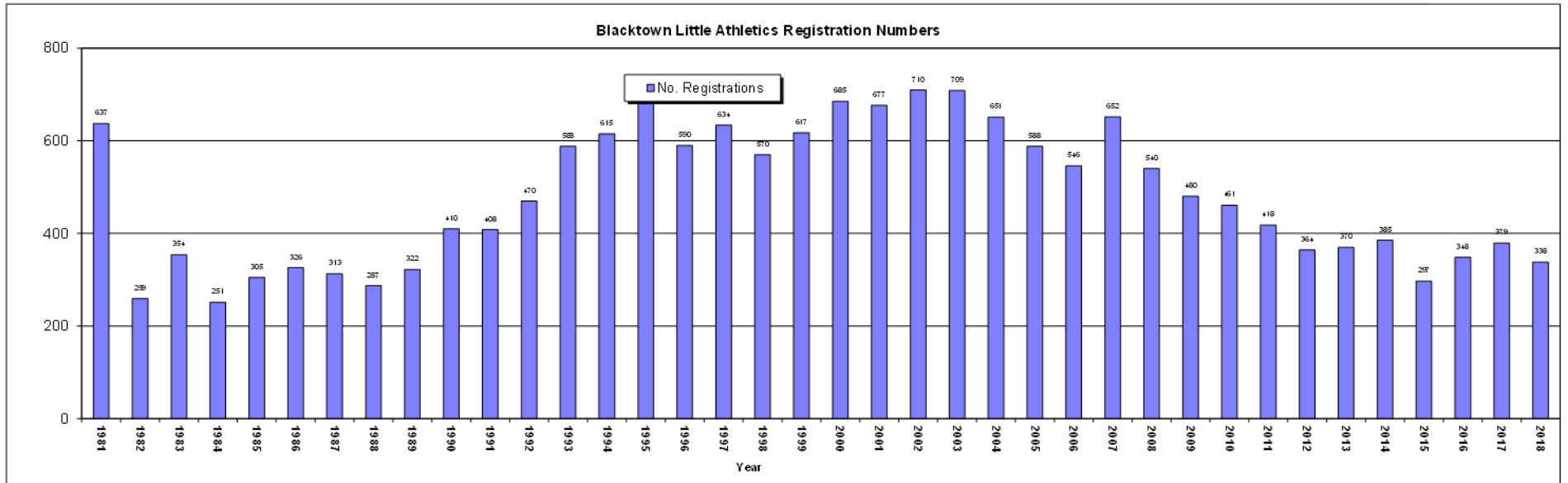
(b) In these years the first three in each event at Region go through to State.

(c) In these years first two in each event at Region go through to State

(d) Very low representation by the centre due to inappropriate timing of the carnival (February 1992)

Shaded area - data not available

BLACKTOWN LITTLE ATHLETICS – Registration Numbers



BLACKTOWN LITTLE ATHLETICS - Registration Statistics
History table 2011 to 2018

		GIRLS							
Age	2011	2012	2013	2014	2015	2016	2017	2018	
TT	9	12	12	18	20	14	27	19	
6	18	11	10	18	14	16	21	20	
7	20	11	21	17	16	21	18	9	
8	28	21	15	15	9	22	25	18	
9	21	19	23	20	20	17	20	19	
10	19	19	13	19	13	24	30	16	
11	16	14	23	18	9	18	19	13	
12	19	16	12	14	9	7	12	15	
13	13	18	13	14	7	6	13	17	
14	22	11	15	6	5	10	10	3	
15	8	21	8	11	3	3	7	2	
17	13	10	16	5	7	11	5	5	
TOTAL	206	183	181	175	132	169	207	156	

		BOYS							
Age	2011	2012	2013	2014	2015	2016	2017	2018	
TT	18	17	23	27	19	25	25	25	
6	16	18	16	25	15	19	12	18	
7	30	12	26	21	23	16	17	23	
8	22	23	11	30	23	23	19	16	
9	23	20	26	17	22	24	29	21	
10	13	18	22	23	9	19	16	21	
11	19	11	16	14	16	16	20	16	
12	19	18	10	13	16	19	14	12	
13	16	14	13	19	9	12	7	8	
14	17	9	6	7	6	3	6	11	
15	9	13	7	8	3	1	5	6	
17	10	8	13	6	4	2	2	5	
TOTAL	212	181	189	210	165	179	172	182	

TOTAL	418	364	370	385	297	348	379	338
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